TRAINING REGULATIONS

CAREGIVING NC II



HEALTH, SOCIAL, AND OTHER COMMUNITY DEVELOPMENT SERVICES SECTOR

Technical Education and Skills Development Authority

East Service Road, South Superhighway, Taguig, Metro Manila

Technical Education and Skills Development Act of 1994 (Republic Act No. 7796)

Section 22, "Establishment and Administration of the National Trade Skills Standards" of the RA 7796 known as the TESDA Act mandates TESDA to establish national occupational skill standards. The Authority shall develop and implement a certification and accreditation program in which private industry group and trade associations are accredited to conduct approved trade tests, and the local government units to promote such trade testing activities in their respective areas in accordance with the guidelines to be set by the Authority.

The Training Regulations (TR) serve as basis for the:

- Competency assessment and certification;
- 2. Registration and delivery of training programs; and
- 3. Development of curriculum and assessment instruments.

Each TR has four sections:

- Section 1 Definition of Qualification refers to the group of competencies that describes the different functions of the qualification.
- Section 2 Competency Standards gives the specifications of competencies required for effective work performance.
- Section 3 Training Standards contains information and requirements in designing training program for certain Qualification. It includes curriculum design, training delivery; trainee entry requirements; tools and requirements; tools and equipment; training facilities and trainer's qualification.
- Section 4 National Assessment and Certification Arrangement describes the policies governing assessment and certification procedure

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ACKNOWLEDGEMENT

TRAINING REGULATIONS FOR CAREGIVING NC II

SECTION 1 CAREGIVING NC II QUALIFICATION

☐ Caregiver of people with special needs

The **CAREGIVING NC II** Qualification consists of competencies that a person must achieve to provide care and support to infants/toddlers, provide care and support to children, foster social, intellectual, creative and emotional development of children, foster the physical development of children, provide care and support to elderly, provide care and support to people with special needs, maintain healthy and safe environment, respond to emergency, clean living room, dining room, bedrooms, toilet and bathroom, wash and iron clothes, linen, fabric, prepare hot and cold meals.

The Units of Competency comprising this Qualification include the following:

UNIT CODE 500311105 500311106 500311107	BASIC COMPETENCIES Participate in workplace communication Work in a team environment Practice career professionalism				
500311108 UNIT CODE	Practice occupational health and safety procedures COMMON COMPETENCIES				
HCS323201 HCS323202 HCS323203 HCS323204	Implement and monitor infection control policies and procedures Respond effectively to difficult/challenging behavior Apply basic first aid Maintain high standard of patient services				
UNIT CODE	CORE COMPETENCIES				
HCS323301	Provide care and support to infants/toddlers				
HCS323302 HCS323303	Provide care and support to children Foster social, intellectual, creative and emotional development of children				
HCS323304	Foster the physical development of children				
HCS323305	Provide care and support to elderly				
HCS323306	Provide care and support to people with special needs				
HCS323307	Maintain healthy and safe environment				
HCS323308 HCS323309	Respond to emergency Clean living room, dining room, bedrooms, toilet and bathroom				
HCS323310	Wash and iron clothes, linen and fabric				
HCS323311	Prepare hot and cold meals				
A person who has achieved this Qualification is competent to be a:					
☐ Caregiver of an infant / toddler					
☐ Caregiver of a child					
☐ Caregiver of an elderly					

SECTION 2 COMPETENCY STANDARDS

This section gives the details of the contents of the basic, common and core units of competency required in **CAREGIVING NC II.**

BASIC COMPETENCIES

UNIT OF COMPETENCY: PARTICIPATE IN WORKPLACE COMMUNICATION

UNIT CODE : 500311105

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

gather, interpret and convey information in response to workplace

requirements.

ELEMENT		PERFORMANCE CRITERIA
		Italicized terms are elaborated in the Range of Variables
Obtain and convey workplace	1.1	Specific and relevant information is accessed from appropriate sources
information	1.2	Effective questioning, active listening and speaking skills are used to gather and convey information
	1.3	Appropriate <i>medium</i> is used to transfer information and ideas
	1.4	Appropriate non-verbal communication is used
	1.5	Appropriate lines of communication with supervisors and colleagues are identified and followed
	1.6	Defined workplace procedures for the location and storage of information are used
	1.7	Personal interaction is carried out clearly and concisely
2. Participate in	2.1	Team meetings are attended on time
workplace meetings and discussions	2.2	Own opinions are clearly expressed and those of others are listened to without interruption
	2.3	Meeting inputs are consistent with the meeting purpose and established <i>protocols</i>
	2.4	Workplace interactions are conducted in a courteous manner
	2.5	Questions about simple routine workplace procedures and matters concerning working conditions of employment are tasked and responded to
	2.6	Meetings outcomes are interpreted and implemented
Complete relevant work related	3.1	Range of forms relating to conditions of employment are completed accurately and legibly
documents	3.2	Workplace data are recorded on standard workplace forms and documents
	3.3	Basic mathematical processes are used for routine calculations
	3.4	Errors in recording information on forms/ documents are identified and properly acted upon
	3.5	Reporting requirements to supervisor are completed according to organizational guidelines

VARIABLE		RANGE
Appropriate sources	1.1	Team members
	1.2	Suppliers
	1.3	Trade personnel
	1.4	Local government
	1.5	Industry bodies
2. Medium	2.1	Memorandum
	2.2	Circular
	2.3	Notice
	2.4	Information discussion
	2.5	Follow-up or verbal instructions
	2.6	Face-to-face communication
3. Storage	3.1	Manual filing system
	3.2	Computer-based filing system
4. Forms	4.1	Personnel forms, telephone message forms, safety reports
5. Workplace	5.1	Face-to-face interactions
interactions	5.2	Telephone conversations
	5.3	Electronic and two-way radio communication
	5.4	Written communication including electronic mail, memos, instruction and forms
	5.5	Non-verbal communication including gestures, signals, signs and diagrams
6. Protocols	6.1	Observing meeting
	6.2	Compliance with meeting decisions
	6.3	Obeying meeting instructions

1. Critical aspects of	Asse	essment requires evidence that the candidate:
competency	1.1	Prepared written communication following standard format of the organization
	1.2	Accessed information using communication equipment
	1.3	Made use of relevant terms as an aid to transfer information effectively
	1.4	Conveyed information effectively adopting the formal or informal communication
2. Underpinning	2.1	Effective communication
knowledge and	2.2	Different modes of communication
attitudes	2.3	Written communication
	2.4	Organizational policies
	2.5	Communication procedures and systems
	2.6	Technology relevant to the enterprise and the individual's work responsibilities
3. Underpinning skills	3.1	Follow simple spoken language
	3.2	Perform routine workplace duties following simple written notices
	3.3	Participate in workplace meetings and discussions
	3.4	Complete work related documents
	3.5	Estimate, calculate and record routine workplace measures
	3.6	Basic mathematical processes of addition, subtraction, division and multiplication
	3.7	Ability to relate to people of social range in the workplace
	3.8	Gather and provide information in response to workplace Requirements
4. Resource	The	following resources MUST be provided:
implications	4.1	Fax machine
	4.2	Telephone
	4.3	Writing materials
	4.4	Internet
5. Method of	Com	petency MUST be assessed through:
assessment	5.1	Direct Observation
	5.2	Oral interview and written test
6. Context of assessment	6.1	Competency may be assessed individually in the actual workplace or through accredited institution

UNIT OF COMPETENCY: WORK IN TEAM ENVIRONMENT

UNIT CODE : 500311106

UNIT DESCRIPTOR : This unit covers the skills, knowledge and attitudes to identify role

and responsibility as a member of a team.

	ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
1.	Describe team role and scope	1.1	The role and objective of the team is identified from available sources of information
		1.2	Team parameters, reporting relationships and responsibilities are identified from team discussions and appropriate external sources
2.	Identify own role and responsibility within	2.1	Individual role and responsibilities within the team environment are identified
	team	2.2	Roles and responsibility of other team members are identified and recognized
		2.3	Reporting relationships within team and external to team are identified
3.	Work as a team member	3.1	Effective and appropriate forms of communications used and interactions undertaken with team members who contribute to known team activities and objectives
		3.2	Effective and appropriate contributions made to complement team activities and objectives, based on individual skills and competencies and workplace context
		3.3	Observed protocols in reporting using standard operating procedures
		3.4	Contribute to the development of team work plans based on an understanding of team's role and objectives and individual competencies of the members.

VARIABLE		RANGE
Role and objective of team	1.1	Work activities in a team environment with enterprise or specific sector
	1.2	Limited discretion, initiative and judgment may be demonstrated on the job, either individually or in a team environment
2. Sources of	2.1	Standard operating and/or other workplace procedures
information	2.2	Job procedures
	2.3	Machine/equipment manufacturer's specifications and instructions
	2.4	Organizational or external personnel
	2.5	Client/supplier instructions
	2.6	Quality standards
	2.7	OHS and environmental standards
3. Workplace context	3.1	Work procedures and practices
	3.2	Conditions of work environments
	3.3	Legislation and industrial agreements
	3.4	Standard work practice including the storage, safe handling and disposal of chemicals
	3.5	Safety, environmental, housekeeping and quality guidelines

Critical aspects of	Asse	ssment requires evidence that the candidate:		
competency	1.1	Operated in a team to complete workplace activity		
	1.2	Worked effectively with others		
	1.3	Conveyed information in written or oral form		
	1.4	Selected and used appropriate workplace language		
	1.5	Followed designated work plan for the job		
	1.6	Reported outcomes		
2. Underpinning	2.1	Communication process		
knowledge and attitudes	2.2	Team structure		
	2.3	Team roles		
	2.4	Group planning and decision making		
3. Underpinning skills	3.1	Communicate appropriately, consistent with the culture of the workplace		
4. Resource	The f	The following resources MUST be provided:		
implications	4.1	Access to relevant workplace or appropriately simulated environment where assessment can take place		
	4.2	Materials relevant to the proposed activity or tasks		
5. Method of	Com	petency may be assessed through:		
assessment	5.1	Observation of the individual member in relation to the work activities of the group		
	5.2	Observation of simulation and or role play involving the participation of individual member to the attainment of organizational goal		
	5.3.	Case studies and scenarios as a basis for discussion of issues and strategies in teamwork		
6. Context of assessment	6.1	Competency may be assessed in workplace or in a simulated workplace setting		
	6.2	Assessment shall be observed while task are being undertaken whether individually or in group		

UNIT OF COMPETENCY: PRACTICE CAREER PROFESSIONALISM

UNIT CODE : 500311107

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in promoting

career growth and advancement.

ELEMENT			PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
1.	Integrate personal objectives with organizational goals	1.1	Personal growth and work plans are pursued towards improving the qualifications set for the profession
		1.2	Intra and interpersonal relationships are maintained in the course of managing oneself based on performance evaluation
		1.3	Commitment to the organization and its goal is demonstrated in the performance of duties
2.	Set and meet work priorities	2.1	Competing demands are prioritized to achieve personal, team and organizational goals and objectives.
		2.2	Resources are utilized efficiently and effectively to manage work priorities and commitments
		2.3	Practices along economic use and maintenance of equipment and facilities are followed as per established procedures
3.	Maintain professional growth and	3.1	Trainings and career opportunities are identified and availed of based on job requirements
	development	3.2	Recognitions are sought/received and demonstrated as proof
			of career advancement
		3.3	Licenses and/or certifications relevant to job and career are obtained and renewed

VARIABLE		RANGE
1. Evaluation	1.1	Performance Appraisal
	1.2	Psychological Profile
	1.3	Aptitude Tests
2. Resources	2.1	Human
	2.2	Financial
	2.3	Technology
		2.3.1 Hardware
		2.3.2 Software
3. Trainings and career	3.1	Participation in training programs
opportunities		3.1.1 Technical
		3.1.2 Supervisory
		3.1.3 Managerial
		3.1.4 Continuing Education
	3.2	Serving as Resource Persons in conferences and workshops
4. Recognitions	4.1	Recommendations
	4.2	Citations
	4.3	Certificate of Appreciations
	4.4	Commendations
	4.5	Awards
	4.6	Tangible and Intangible Rewards
5. Licenses and/or	5.1	National Certificates
certifications	5.2	Certificate of Competency
	5.3	Support Level Licenses
	5.4	Professional Licenses

1. Critical aspects of	Asse	ssment requires evidence that the candidate:
competency	1.1	Attained job targets within key result areas (KRAs)
	1.2	Maintained intra and interpersonal relationship in the course of managing oneself based on performance evaluation
	1.3	Completed trainings and career opportunities which are based on the requirements of the industries
	1.4	Acquired and maintained licenses and/or certifications according to the requirement of the qualification
Underpinning knowledge and	2.1	Work values and ethics (Code of Conduct, Code of Ethics, etc.)
attitudes	2.2	Company policies
	2.3	Company-operations, procedures and standards
	2.4	Fundamental rights at work including gender sensitivity
	2.5	Personal hygiene practices
3. Underpinning skills	3.1	Appropriate practice of personal hygiene
	3.2	Intra and Interpersonal skills
	3.3	Communication skills
4. Resource	The f	following resources MUST be provided:
implications	4.1	Workplace or assessment location
	4.2	Case studies/scenarios
5. Method of	Com	petency may be assessed through:
assessment	5.1	Portfolio Assessment
	5.2	Interview
	5.3	Simulation/Role-plays
	5.4	Observation
	5.5	Third Party Reports
	5.6	Exams and Tests
6. Context of assessment	6.1	Competency may be assessed in the work place or in a simulated work place setting

UNIT OF COMPETENCY: PRACTICE OCCUPATIONAL HEALTH AND SAFETY

PROCEDURES

UNIT CODE : 500311108

UNIT DESCRIPTOR : This unit covers the outcomes required to comply with regulatory

and organizational requirements for occupational health and safety.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Identify hazards and risks	1.1	Safety regulations and workplace safety and hazard control practices and procedures are clarified and explained based on organization procedures
	1.2	Hazards/risks in the workplace and their corresponding indicators are identified to minimize or eliminate risk to coworkers, workplace and environment in accordance with organization procedures
	1.3	Contingency measures during workplace accidents, fire and other emergencies are recognized and established in accordance with organization procedure
2. Evaluate hazards	2.1	Terms of maximum tolerable limits which when exceeded will
and risks		result in harm or damage are identified based on threshold
		limit values (TLV)
	2.2	Effects of the hazards are determined
	2.3	OHS issues and/or concerns and identified safety hazards
		are reported to designated personnel in accordance with
		workplace requirements and relevant workplace OHS
		legislation
Control hazards and risks	3.1	Occupational Health and Safety (OHS) procedures for controlling hazards/risks in workplace are consistently followed
	3.2	Procedures for dealing with workplace accidents, fire and emergencies are followed in accordance with organization OHS policies
	3.3	Personal protective equipment (PPE) is correctly used in accordance with organization OHS procedures and practices
	3.4	Appropriate assistance is provided in the event of a workplace emergency in accordance with established organization protocol
Maintain OHS awareness	4.1	Emergency-related drills and trainings are participated in as per established organization guidelines and procedures
awaiciicss	4.2	OHS personal records are completed and updated in accordance with workplace requirements

VARIABLE	RANGE
1. Safety regulations	May include but are not limited to: 1.1 Clean Air Act 1.2 Building code 1.3 National Electrical and Fire Safety Codes 1.4 Waste management statutes and rules 1.5 Philippine Occupational Safety and Health Standards 1.6 DOLE regulations on safety legal requirements 1.7 ECC regulations
2. Hazards/Risks	 May include but are not limited to: 2.1 Physical hazards – impact, illumination, pressure, noise, vibration, temperature, radiation 2.2 Biological hazards- bacteria, viruses, plants, parasites, mites, molds, fungi, insects 2.3 Chemical hazards – dusts, fibers, mists, fumes, smoke, gases, vapors 2.4 Ergonomics Psychological factors – over exertion/ excessive force, awkward/static positions, fatigue, direct pressure, varying metabolic cycles Physiological factors – monotony, personal relationship, work out cycle
3. Contingency measures	May include but are not limited to: 3.1 Evacuation 3.2 Isolation 3.3 Decontamination 3.4 (Calling designed) emergency personnel
4. PPE	May include but are not limited to: 4.1 Mask 4.2 Gloves 4.3 Goggles 4.4 Hair Net/cap/bonnet 4.5 Face mask/shield 4.6 Ear muffs 4.7 Apron/Gown/coverall/jump suit 4.8 Anti-static suits
5. Emergency-related drills and training	5.1 Fire drill 5.2 Earthquake drill 5.3 Basic life support/CPR 5.4 First aid 5.5 Spillage control 5.6 Decontamination of chemical and toxic 5.7 Disaster preparedness/management
6. OHS personal records	6.1 Medical/Health records 6.2 Incident reports 6.3 Accident reports 6.4 OHS-related training completed

1	Critical aspects of	Asse	ssment requires evidence that the candidate:
''	competency	1.1	Explained clearly established workplace safety and hazard
	oompotomey		control practices and procedures
		1.2	Identified hazards/risks in the workplace and its corresponding
			indicators in accordance with company procedures
		1.3	Recognized contingency measures during workplace
			accidents, fire and other emergencies
		1.4	Identified terms of maximum tolerable limits based on
			threshold limit value (TLV).
		1.5	Followed Occupational Health and Safety (OHS) procedures
			for controlling hazards/risks in workplace
		1.6	Used Personal Protective Equipment (PPE) in accordance
			with company OHS procedures and practices
		1.7	Completed and updated OHS personal records in accordance
			with workplace requirements
2.	Underpinning	2.1	OHS procedures and practices and regulations
	knowledge and	2.2	PPE types and uses
	attitudes	2.3	Personal hygiene practices
		2.4	Hazards/risks identification and control
		2.5	Threshold Limit Value (TLV)
		2.6	OHS indicators
		2.7	Organization safety and health protocol
		2.8	Safety consciousness
		2.9	Health consciousness
3.	Underpinning skills	3.1	Practice of personal hygiene
	. •	3.2	Hazards/risks identification and control skills
		3.3	Interpersonal skills
		3.4	Communication skills
4.	Resource	The f	ollowing resources MUST be provided:
	implications	4.1	Workplace or assessment location
		4.2	OHS personal records
		4.3	PPE
		4.4	Health records
5.	Method of	Com	petency may be assessed through:
	assessment	5.1	Portfolio Assessment
		5.2	Interview
		5.3	Case Study/Situation
6.	Context of	6.1	Competency may be assessed in the work place or in a
	assessment		simulated work place setting

COMMON COMPETENCIES

UNIT OF COMPETENCY: IMPLEMENT AND MONITOR INFECTION CONTROL POLICIES

AND PROCEDURES

UNIT CODE : HCS323201

UNIT DESCRIPTOR : This unit is concerned with infection control responsibilities of

employees with supervisory accountability to implement and monitor infection control policy and procedures in a specific work unit or team within an organization. This unit does not apply to a role with organization-wide responsibilities for infection control policy and procedure development, implementation or monitoring.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Provide information to the work group about the organization's infection control	1.1	Relevant information about the organization's infection control policy and procedures, and applicable <i>industry codes of practice</i> are accurately and clearly explained to the work group.
policies and procedures	1.2	Information about identified <i>hazards and the outcomes of infection risk assessments</i> is regularly provided to the work group.
	1.3	Opportunity is provided for the work group to seek further information on workplace infection control issues and practices.
Integrate the organization's	2.1	Infection control policy and procedures are implemented by supervisor and members of the work group.
infection control policy and procedure into work practices	2.2	Liaison is maintained with person responsible for organization-wide infection control.
	2.3	The Supervisor's coaching support ensures that individuals/teams are able to implement infection control practices.
	2.4	Work procedures are adopted to reflect appropriate infection control practice.
	2.5	Issues raised through consultation are dealt with and resolved promptly or referred to the appropriate personnel for resolution.
	2.6	Workplace procedures for dealing with infection control risks and hazardous events are implemented whenever necessary.
	2.7	Employees are encouraged to report infection risks and to improve infection control procedures.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Monitor infection control performance and implement	3.1	Infection control hazardous events are investigated promptly to identify their cause in accordance with organization policy and procedures.
improvements in practices	3.2	Work procedures to control infection risks are monitored to ensure compliance.
	3.3	Work procedures are regularly reviewed and adjusted to ensure improvements in infection control practice.
	3.4	Supervisor provides feedback to team and individuals on compliance issues, changes in work procedures and infection control outcomes.
	3.5	Training in work procedures is provided as required to ensure maintenance of <i>infection control standards</i> .
	3.6	Inadequacies in work procedures and infection control measures are identified, corrected or reported to designated personnel .
	3.7	Records of infection control risks and incidents are accurately maintained as required.
	3.8	Aggregate infection control information reports are used to identify hazards, to monitor an improve risk control methods and to indicate training needs.

VARIABLE	RANGE
1. Infection Control	This may include but not limited to:
Policies and	1.1 Cleaning procedures and schedules
Procedures	1.2 Cleaning agents
	1.3 Cleaning equipment
	1.4 Handling, storage and disposal of all types of waste
	1.5 Food handling and food safety
	1.6 Hygiene procedures
	1.7 Infection control risk management
	1.8 Infection control incident and hazard reporting
	1.9 Sterilizing
	1.10 Linen production and handling
	1.11 Maintenance procedures
	1.12 Storage requirements
	1.13 Personal protective clothing
	1.14 Work flows
	1.15 Management of blood and body fluid spills
	1.16 Single use of disposables
	1.17 Aseptic techniques
	1.18 Skin preparation procedures
	1.19 Immunization
	1.20 Needle stick injuries
	1.21 Personal contact with infectious patients
	1.22 Standard and additional precautions
	1.23 Confidentiality
	1.24 Employee training1.25 Contractors
2. Industry Codes of	2.1 National Health and Medical Research Council Guidelines for
Practice	Infection Control
1 140400	2.2 Local and National Government Guidelines and Standards
	2.3 Manufacturer's recommendations and operating manuals
3. Identified hazards	May include but not limited to:
and the outcomes of	3.1 Sharps
infection risk	3.2 Glass
assessments	3.3 Waste
	3.4 Human waste and human tissues
	3.5 Personal contact with infectious patients
	3.6 Animals, insects and vermin
	3.7 Stock, including food, which has passed "used-by" dates
	3.8 Incorrect concentration of disinfectants and chemicals
	3.9 Cleaning Procedures
	3.10 Linen handling procedures
	3.11 Work flows
	3.12 Use of personal protective clothing
	3.13 Food safety
	3.14 Personal hygiene

VARIABLE	RANGE
4. Infection Control	4.1 Observations
Monitoring	4.2 Interviews
Procedures	4.3 Surveys and inspections
	4.4 Quality assurance activities
	4.5 Review of outcomes
	4.6 Data analysis
5. Designated	5.1 Manager
personnel	5.2 Infection Control Coordinator
	5.3 Quality Improvement Coordinator
	5.4 Infection Control Committee
	5.5 Occupational Health and Safety Committee
6. Aggregate infection	6.1 Records of needle stick injuries
control information	6.2 Hospital-acquired infection rates
	6.3 DOH healthcare standards clinical indicators
	6.4 HACCP records
	6.5 Hazard reports

Critical aspects of	Assessment requires evidence that the candidate:		
competency	1.1 Communicated with team and individuals on organizational		
	policy and procedures for infection control.		
	1.2 Applied infection control policies ad procedures which impact		
	on work processes of the specific work unit.		
	1.3 Applied procedures for adopting appropriate infection		
	practices within work unit.		
	1.4 Provided appropriate supervision of work group		
2. Underpinning	2.1 Working knowledge, consistent with the elements of		
knowledge and	competence of the organization's applicable infection control		
attitudes	policy and procedures and relevant industry codes of practice.		
attitudes	2.2 The hierarchy risk control measures from most to least		
	preferred, that is, elimination, engineering controls,		
	administrative control and lastly personal equipment.		
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	•		
	work processes.		
	2.4 The significance of patient confidentiality in relation to		
	infection control.		
	2.5 The significance of other management systems and		
	procedures for infection control.		
	2.6 Literacy levels and communication skills of work group		
	members and consequent suitable communication		
	techniques.		
	2.7 Organizational procedures for monitoring and training.		
	2.8 Basic understanding of communicable disease transmission.		
3. Underpinning skills	3.1 Effective communication and interpersonal skills including:		
	- language competence		
	 literacy and reading competence 		
	3.2 Negotiation		
	3.3 Work planning and management		
	3.4 Management of change of work processes		
	3.5 Monitoring compliance with policy and procedures		
	3.6 Maintain and interpret infection control records		
4. Resource	The following resources MUST be provided:		
implications	4.1 Workplace infection control and health and safety policies and		
·	procedures		
	4.2 Waste management procedures		
	4.3 Food safety procedures		
	4.4 Other organizational policies and procedures		
	4.5 Duties statements and/or job descriptions		
5. Method of	Competency may be assessed through:		
assessment	5.1 Observation		
assessinent	5.2 Interview		
	5.3 Portfolio		
6 Contact of	5.4 Demonstration with questioning		
6. Context of	6.1 Assessment may be done in the workplace or in a simulated		
assessment	workplace setting.		

UNIT OF COMPETENCY: RESPOND EFFECTIVELY TO DIFFICULT/CHALLENGING

BEHAVIOR

UNIT CODE : HCS323202

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes to effectively

respond to difficult or challenging behavior of patient.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
1. Plan responses	1.1	Responses are planned to instances of difficult or challenging behavior to maximize the availability of other appropriate staff and resources.
	1.2	Specific manifestations of <i>difficult or challenging behavior</i> are identified and <i>strategies appropriate</i> to these behaviors are planned as required.
	1.3	Safety of self and others is given priority in responding to difficult or challenging behavior according to institutional policies and procedures.
2. Apply response	2.1	Difficult or challenging behavior is dealt with promptly, firmly and diplomatically in accordance with <i>institutional policy</i> and procedures.
	2.2	Communication is used effectively to achieve the desired outcomes in responding to difficult or challenging behavior.
	2.3	Appropriate strategies are selected to suit particular instances of difficult or challenging behavior.
Report and review incidents	3.1	Incidents are reported according to institutional polices and procedures.
	3.2	Incidents are reviewed with appropriate staff and suggestions appropriate to area of responsibility are made.
	3.3	Debriefing mechanisms and other activities are used and participated in.
	3.4	Advice and assistance is sought from legitimate sources when appropriate.

VARIABLE		RANGE
1. Planned respoi	nses 1.1	Own ability and experience
	1.2	Established institutional procedures
	1.3	Knowledge of individual persons and underlying causes
2. Difficult or	2.1	Aggression/Assaultive behavior
challenging be	haviors 2.2	Confusion or other cognitive impairment
	2.3	Noisiness
	2.4	Manipulative
	2.5	Wandering
	2.6	Self-destructive
	2.7	Intoxication
	2.8	Withdrawn/depressed
	2.9	Negativistic
	2.10	Intrusive behavior
	2.11	Verbal offensiveness
3. Strategies for c		Diversional activities
with challengin	g 3.2	Referring to appropriate personnel e.g. supervisor, security
behaviors		officer
	3.3	Following established emergency response procedures
4. Selection of	4.1	The nature of the incident
strategies for d		Potential effect on different parties, patient, staff and others
with challengin	g 4.3	Established procedures and guidelines
behaviors		
5. Institutional pol		Incident reporting and documentation
and procedure	s 5.2	Operational guidelines for handling incidents and/or cases
		involving difficult and challenging behavior
	5.3	Debriefing of staff involved in the incident

Critical aspects of	Assessment requires evidence that the candidate:		
competency	1.1 Identified specific manifestations of difficult or challenging		
	behavior and strategies are planned, selected and applied as		
	required.		
	1.2 Maintained personal safety and the safety of others.		
	1.3 Reported incidents, reviewed and responded quickly and		
	effectively to contingencies.		
	1.4 Debriefing mechanisms are used.		
2. Underpinning	2.1 OSH and issues relating to difficult and challenging behavior		
knowledge and	2.2 Patient issues which need to be referred to an appropriate		
attitudes	health professional		
	2.3 Ability to interpret and follow the instructions and guidance of		
	health professionals involved with the care of patient/client		
3. Underpinning skills	3.1 Effectively using techniques for monitoring own service area		
Crimer priming crime	including client satisfaction		
	3.2 Speaking in affirm, diplomatic and culturally appropriate		
	manner		
	3.3 Remaining calm and positive in adversity		
	3.4 Thinking and responding quickly and strategically		
	3.5 Remaining alert to potential incidents of difficult or challenging		
	behavior		
	3.6 Monitoring and/or maintaining security equipment		
	3.7 Ability to work with others and display empathy with patient		
	and relatives		
4. Resource	The following resources MUST be provided:		
implications	4.1 Access to relevant workplace or appropriately simulated		
	environment where assessment can take place		
	4.2 Relevant institutional policy, guidelines, procedures and		
	protocols		
	4.3 Emergency response procedures and employee support		
	arrangements		
5. Method of	Competency MUST be assessed through:		
assessment	5.1 Observation with questioning		
	5.2 Demonstration with questioning		
6. Context of	6.1 Assessment may be done in the workplace or in a simulated		
assessment	workplace setting.		

UNIT OF COMPETENCY: APPLY BASIC FIRST AID

UNIT CODE : HCS323203

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

provide an initial response where First Aid is required. In this unit it is assumed that the First Aider is working under supervision and/or according to established workplace First Aid procedures and

policies.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Assess the situation	1.1	Physical hazards to self and casualty's health and safety are identified.
	1.2	Immediate risks to self and casualty's occupational health safety (OSH) are minimized by controlling the hazard in accordance with OSH requirements.
	1.3	Casualty's vital signs and physical condition are assessed in accordance with workplace procedures.
Apply basic first aid techniques	2.1	First Aid management is provided in accordance with established First Aid procedures.
	2.2	Casualty is reassured in a caring and calm manner and made comfortable using available resources.
	2.3	First Aid assistance is sought from others in a timely manner and as appropriate.
	2.4	Casualty's condition is monitored and responded to in accordance with effective First Aid principles and workplace procedures.
	2.5	Details of casualty's physical condition, changes in conditions, management and response are accurately recorded in line with organizational procedures.
	2.6	Casualty management is finalized according to his/her needs and First aid principles.
Communicate details of the incident	3.1	Appropriate medical assistance is requested using relevant communication media and equipment.
	3.2	Details of casualty's condition and management activities are accurately conveyed to emergency services/relieving personnel.
	3.3	Reports to supervisors are prepared in a timely manner, presenting all relevant facts according to established company procedures.

VARIABLE	RANGE
1. First Aid	This may include but not limited to:
Management	1.1 Workplace policies and procedures
	1.2 Industry/site specific regulations, codes
	1.3 OSH
	1.4 State and territory workplace health and safety requirements
	1.5 Allergies the casualty may have
2. Physical Hazards	This may include but not limited to:
	2.1 Workplace hazards
	2.2 Environmental hazards
	2.3 Proximity of other people
	2.4 Hazards associated with casualty management processes
3. Risks	May include but not limited to:
	3.1 Worksite equipment, machinery and substances
	3.2 Environmental risks
	3.3 Bodily fluids
	3.4 Risk of further injury to the casualty
	3.5 Risk associated with the proximity of the others and
	bystanders
4. Casualty's Condition	May include but not limited to:
_	4.1 Abdominal injuries
	4.2 Allergic reactions
	4.3 Bleeding
	4.4 Burns-thermal, chemical, friction, electrical
	4.5 Cardiac conditions
	4.6 Chemical contamination
	4.7 Cod injuries
	4.8 Crush injuries
	4.9 Dislocations
	4.10 Drowning
	4.11 Eye injuries
	4.12 Fractures
	4.13 Head injuries
	4.14 Epilepsy
	4.15 Minor skin injuries
	4.16 Neck and spinal injuries
	4.17 Needle stick injuries
	4.18 Poisoning and toxic substances
	4.19 Shock
	4.20 Smoke inhalation
5. Equipment and	5.1 Defibrillation units
Resources	5.2 Pressure bandages
	5.3 Thermometers
	5.4 First Aid Kit
	5.5 Eyewash
	5.6 Thermal Blankets
	5.7 Pocket Face Masks
	5.8 Rubber Gloves
	5.9 Dressing

VARIABLE		RANGE
	5.10	Space Device
	5.11	Cervical Collars
6. Communication	6.1	Mobile phone
System	6.2	Satellite phones
System	6.3	HF/VHF radio
	6.4	Flags
	6.5	Flares
	6.6	Two-way radio
	6.7	Email
	6.8	Electronic equipment
7. Vital signs	7.1	Breathing
	7.2	Circulation
	7.3	Consciousness
8. First Aid Principles	8.1	Checking the site for danger to self, casualty and others and
		minimizing the danger
	8.2	Checking and maintaining the casualty's airways, breathing
		and circulation

Critical aspects of	Assessment requires evidence that the candidate:		
competency	1.1 Complied with institutional requirements, OSH laws infections		
	control and manual handling procedures and relevant health		
	organizations.		
	1.2 Identified physical hazards of the casualty and minimized		
	immediate risks.		
	1.3 Assessed and monitored the physical condition of the		
	casualty.		
	1.4 Responded to emergency using basic life support measures.		
	1.5 Provided initial response where First aid is required.		
	1.6 Dealt with complex casualties or incident.		
	1.7 Prepared reports to concerned personnel in a timely manner.		
2. Underpinning	2.1 Basic anatomy and physiology		
knowledge and	2.2 Company standard operating procedures (SOPs)		
attitudes	2.3 Dealing with confidentiality		
	2.4 Knowledge of the First Aider's skills limitations		
	2.5 OSH legislation and regulations		
	2.6 How to gain access to and interpret material safety data		
	sheets		
3. Underpinning skills	3.1 Resuscitation		
	3.2 Safe manual handling of casualty		
	3.3 Consideration of the welfare of the casualty		
	3.4 Report preparation		
	3.5 Communication skills		
	3.6 Ability to interpret and use listed documents		
4. Resource	The following resources MUST be provided:		
implications	4.1 Access to relevant work station		
	4.2 Relevant institutional policy, guidelines, procedures and		
	protocols		
	4.3 Equipment and materials relevant to the proposed activities		
5. Method of	Competency may be assessed through:		
assessment	5.1 Demonstration with questioning		
	5.2 Interview		
	5.3 Third Party Report		
	5.4 Portfolio		
6. Context of	6.1 Assessment may be done in the workplace or in a simulated		
assessment	workplace setting.		

UNIT OF COMPETENCY: MAINTAIN HIGH STANDARDS OF PATIENT SERVICES

UNIT CODE : HCS323204

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required in the

maintenance of high standards of patient services.

	ELEMENT	PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables	
	Communicate appropriately with	1.1	Effective <i>communication</i> strategies and techniques are identified and used to achieve best patient service outcomes.
	patients	1.2	Complaints are responded to in accordance with organizational policy to ensure best service to patients.
		1.3	Complaints are dealt with in accordance with established procedures.
		1.4	Interpreter services are accessed as required.
		1.5	Action is taken to resolve conflicts either directly, where a positive outcome can be immediately achieved, or by referral to the appropriate personnel.
		1.6	Participation in work team is constructive and collaborative and demonstrates an understanding of own role.
ı	Establish and maintain good	2.1	Rapport is established to ensure the service is appropriate to and in the best interests of patients.
interpersonal relationship with	2.2	Effective listening skills are used to ensure a high level of effective communication and quality of service.	
'	patients	2.3	Patient concerns and needs are correctly identified and responded to responsibility and accordingly established procedures and guidelines.
		2.4	Effectiveness of interpersonal interaction is consistently monitored and evaluated to ensure best patient service outcomes.
	Act in a respectful manner at all times	3.1	Respect for differences is positively, actively and consistently demonstrated in all work.
		3.2	Confidentiality and privacy of patients is maintained.
		3.3	Courtesy is demonstrated in all interactions with patients, visitors, carers and family.
		3.4	Assistance with the care of patients with challenging behaviors is provided in accordance with established procedures.
		3.5	Techniques are used to manage and minimize aggression.

ELEMENT	PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Evaluate own work to maintain a high	4.1 Advice and assistance is received or sought from appropriate sources on own <i>performance</i> .
standard of patient service	4.2 Own work is adjusted, incorporating recommendations that address performance issues, to maintain the agreed standard of patient support.

	VARIABLE		RANGE
1. Pat		This	may include but not limited to:
1. 1 4	tionto	1.1	Patients
			T dione
		1.2	Prospective patients to the service/s
			, , , , , , , , , , , , , , , , , , , ,
		1.3	Patient may be in contact with the institution through
			appropriate health care personnel and professionals or other
			advocates or agencies
2. Oth	ners with whom	2.1	Other staff and team members
inte	eraction is required		
in r	regard to patient	2.2	Service units or departments
ser	rvices		
		2.3	Family members, carers and friends of patients
		2.4	Professional representatives or agents of patients such as:
			- Medical specialists
			- Nurses
			- Social workers
			- Dietitians
			- Therapists
			- Allied health professionals
			- Volunteers
			- Teachers and/or spiritual
			- Community
		2.5	General Public
3. Co	mmunication	3.1	English/Tagalog/Vernacular
		3.2	Sign language
		3.3	Through an interpreter
		3.4	Community language as required by the service/organization
4 54	-l f	4.4	
	odes of	4.1	Continuing interaction with patients and clients
cor	mmunication	4.0	Verbal convergations either in person as via talanhana
		4.2	Verbal conversations either in person or via telephone
		4.3	Written notes by post or electronic media
		4.3	withen notes by post of electronic media
		4.4	Worker, family member friend or professional interpreter who
		¬. ¬	has relevant languages
5 Ro	spect for	5.1	Physical Physical
	ference	J. 1	i ilyolodi
	10.01100	5.2	Cognitive/mental or intellectual issues that may impact on
		0.2	communication
			COMMISSION

VARIABLE	RANGE	
	5.3	Cultural and ethnic
	5.4	Religious/spiritual
	5.5	Social
	5.6	Age
	5.7	Language literacy and numeracy abilities
	5.8	Sexuality and sexual preference
6. Confidentiality and	6.1	Fees
privacy of patients	6.2	Health fund entitlements
	6.3	Welfare entitlements
	6.4	Payment methods and records
	6.5	Public environments
	6.6	Legal and ethical requirements
	6.7	Writing details (i.e. medical and consent forms)
	6.8	Conversations on the telephone
	6.9	Secure location for written records
	6.10	Offering a private location for discussions
	6.11	Information disclosed to an appropriate person consistent with one's level of responsibility
7. Performance	7.1	Self-monitoring
monitoring	7.2	Supervisor assessment
	7.3	Patient feedback

1 Critical capacita of	Assessment requires evidence that the condidate:
Critical aspects of	Assessment requires evidence that the candidate:
competency	1.1 Communicated appropriately with patients
	1.2 Handled complaints and resolved conflict, or referred matters
	to supervisors when required.
	1.3 Complied with relevant policies, protocols, guidelines and
	procedures of the organization.
	1.4 Established and maintained good interpersonal relationship
	with patients
	1.5 Demonstrated courtesy in all interactions with patients, their
	visitors and family.
2. Underpinning	2.1 Roles and responsibilities of self and other workers within the
knowledge and	organization
attitudes	2.2 When client/patient issues need to be referred to an
	appropriate health professional
	2.3 Organizational policies and procedures for privacy and
	confidentiality of information provided by patients and others
	2.4 Knowledge of cultures relevant to the particular service
	2.5 Institutional policy on patient rights and responsibilities
3. Underpinning skills	3.1 Establishing and maintaining relationships taking into account
3. Officerpititing skills	individual differences
	· · · · · · · · · · · · · · · · · · ·
	3.3 Using appropriate verbal and non verbal communication
	styles
	3.4 Ability to interpret and follow the instructions and guidance of
	health professionals involved with the care of patients/clients
	3.5 Oral and written communication
	3.6 Problem solving skills required include the ability to use
	available resources and prioritize workload
	3.7 Ability to deal with conflict
	3.8 Ability to work with others and display empathy with patient
	and relatives
4. Resource	The following resources MUST be provided:
implications	4.1 Access to relevant workplace or appropriately simulated
	environment where assessment can take place.
	4.2 Relevant government and organizational policy, guidelines,
	procedures and protocols.
	4.3 Any relevant legislation in relation to service delivery.
5. Method of	Competency may be assessed through:
assessment	5.1 Demonstration with questioning
	5.2 Interview
	5.3 Third Party Report
6. Context of	6.1 Assessment may be done in a simulated workplace setting.
assessment	
·	·

CORE COMPETENCIES

UNIT OF COMPETENCY: PROVIDE CARE AND SUPPORT TO INFANTS AND TODDLERS

UNIT CODE : HCS323301

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

provide care and support to infants and toddlers ages from birth to

three years.

	ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
	Comfort infants and coddlers	1.1	Tools and equipment are prepared according to the need of the infant/toddler.
		1.2	Distressed infants and toddlers are responded to based on appropriate methods, activity and non-verbal cues.
		1.3	Infants and toddlers are picked up and cuddled according to procedure.
	Bathe and dress nfants and toddlers	2.1	Infants and toddlers' vital signs are checked based on procedure.
		2.2.	Water quantity and temperature are checked as per requirement.
		2.3	Infants and toddlers are bathed according to procedure.
		2.4	Comforters are made available to infant and toddler when needed.
	eed infants and oddlers	3.1	Infants and toddlers' feeding bottles are cleaned and sterilized as needed.
		3.2	Milk formula is prepared as prescribed.
	Put infants and	4.1	Infants and toddlers' crib is prepared based on procedure.
t	oddlers to sleep	4.2	Infants and toddlers are put to sleep based on procedure.
p	5. Enhance social, physical, intellectual, creative and emotional activities of infants and toddlers	5.1	Infants and toddlers are exposed to family members, relatives and playmates for communication and interaction purposes.
e		5.2	Infants/toddlers are provided with manipulative or creative toys and games as needed.
		5.3	Infants/toddlers are given exercise activities as required.

VARIABLE		RANGE
1. Tools and Equipment	1.1	Infants crib/bed
	1.2	Blanket/comforters
	1.3	Infant carrier
	1.4	Stroller
	1.5	Bassinet
	1.6	Bathing paraphernalia (e.g. Baby bath tub, baby toiletries, towel, etc.)
	1.7	Baby's Layettes
	1.8	Feeding bottles with cap, ring and nipple
	1.9	Thermometer
	1.10	Thermometer Tray
	1.11	Sterilizer
	1.12	Infant's/Toddler's Formula
	1.13	Bibs
	1.14	Nursery Rhymes
	1.15	Toys for the Crib (Mobile)
	1.16	Infants/Toddlers Toys
	1.17	Story Books
2. Appropriate method	2.1	Imitating babies' vocalizations
or Activities	2.2	Talking
	2.3	Singing
	2.4	Laughing
	2.5	Rhymes
	2.6	Finger Games
	2.7	Holding
	2.8	Dancing
	2.9	Gentle Bouncing
	2.10	Substituting Activities
	2.11	Playing
	2.12	Distraction to an activity
	2.13	Cuddles, comfort
	2.14	Listening, talking with the infant or toddler quietly
	2.15	Use of transition object
3. Infants/toddlers may	3.1	Crying
show distress by:	3.2	Appearing withdrawn
	3.3	Squirming
	3.4	Lack of eye contact
	3.5	Sleeping difficulties
	3.6	Whining

VARIABLE		RANGE
	3.7	Not playing or not playing creatively
	3.8	Repetitive display of trauma
	3.9	Aggression
	3.10	Regression
	3.11	Speech difficulties (e.g. Stuttering)
	3.12	Toilet training difficulties
	3.13	Nervous tics (e.g. Cough)
	3.14	Hunger
	3.15	Tiredness
	3.16	Discomfort
	3.17	Fear
	3.18	Anxiety
	3.19	Boredom
	3.20	Clinging behavior
4. Non Verbal Cues	4.1	Cues to indicate distress
	4.2	Response to an interesting activity
	4.3	Smiling
	4.4	Cues that express a desire to engage in an activity of interaction
5. Comforters	5.1	Special toys
	5.2	Blankets
	5.3	Dummies

TR Caregiving NC II

Critical aspects of competency	Assessment requires evidence that the candidate: 1.1 Responded to distressed infants and toddlers in a relaxed	
componency	and calm manner.	
	1.2 Took vital signs, bathed and dressed/undressed infant/toddle	r.
	1.3 Prepared milk formula and fed infant as prescribed.	
	1.4 Cleaned and sterilized feeding bottles.	
	1.5 Put infants/toddlers to sleep.	
	1.6 Enhanced social, physical, intellectual, creative and emotional activities of the infant/toddler.	al
	1.7 Demonstrated the ability to assess infants/toddlers' needs	
	appropriately.	
2. Underpinning	2.1 The Dependent Nature of Infants/Toddlers	
knowledge and	2.2 Bathing Paraphernalia and ; Types, Uses, Specification	
attitudes	2.3 Procedures in Taking Vital Signs	
	2.4 Basic Infant Care	
	2.5 Procedures in Bathing and Dressing/Undressing of infants	
	2.6 Infant Diet	
	2.7 Procedures in Feeding	
	2.8 Types and Uses of Clothes and Underwear	
	2.9 Specifications and Uses of Non-Slip Rubber Mat	
	2.10 Hand Washing Procedures	
	2.11 Specifications of Different Types of Thermometer	
	2.12 Table Etiquette	
O Hadamianian dilla	2.13 Signs of Infants/Toddlers Distress	
3. Underpinning skills	3.1 Communication Skills (listening, speaking, verbal and non-	
	verbal)	
	3.2 Empathy 3.3 Interpersonal Skills	
	3.3 Interpersonal Skills3.4 Creative Skills	
	3.5 Ability to establish bonding with infant/toddler3.6 Basic Measurement	
4. Resource	The following resources MUST be provided:	\dashv
implications	4.1 A childcare workplace	
	4.2 Facilities, equipment and materials relevant to the unit of	
	competency	
5. Method of	Competency MUST be assessed through:	
assessment	5.1 Demonstration with questioning	
	5.2 Interview	
6. Context of	6.1 Competency may be assessed in the workplace or in	а
assessment	simulated work setting.	

TR Caregiving NC II

UNIT OF COMPETENCY: PROVIDE CARE AND SUPPORT TO CHILDREN

UNIT CODE : HCS323302

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

provide care and support to children between three (3) years old

and twelve (12) years old.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Instill personal hygiene practices to	1.1	Hygiene practices are explained clearly to children based on established procedures.
children	1.2	Personal hygiene procedure is demonstrated to children based on health and safety procedures.
	1.3	Children paraphernalia are maintained based on healthy procedures.
Bathe and dress children	2.1	Children's vital signs are checked before bathing based on procedures.
	2.2	Bathing paraphernalia are prepared as per procedure.
	2.3	Bath water quantity and temperature are checked based on health requirements of the child.
	2.4	Children are assisted in dressing up according to prevailing weather condition
	2.5	Children's preferences and decisions are acknowledged, respected and followed whenever appropriate and possible
	2.6	Children with difficult behavior in bathing are dealt with appropriately as per procedure.
3. Feed children	3.1	Nutritional requirements of children are determined according to their developmental stage.
	3.2	Menu is prepared in accordance with children's nutritional and cultural requirements .
	3.3	Appetizing food and drink are prepared and served sufficiently and appropriately according to the child's health needs and preferences.
	3.4	Children are fed following healthy procedures.

TR Caregiving NC II -5-

RANGE OF VARIABLES

VARIABLE		RANGE
1. Children's	1.1	Bathing paraphernalia and toiletries
paraphernalia	1.2	Diaper
	1.3	Clothes
	1.4	Grooming Kit (baby hairbrush, comb, nail scissors)
	1.5	Oral Hygiene (toothbrush, toothpaste)
	1.6	Feeding Utensils
	1.7	Bibs
	1.8	High Chair/Booster Seat/Portable Seat
	1.9	Thermometer
	1.10	Thermometer Tray
2. Nutritional	2.1	Nutritious food
requirements	2.2	Balance Diet
	2.3	Relevant nutritional needs according to age level
3. Menu	3.1	Breakfast
	3.2	Lunch
	3.3	Dinner
	3.4	Snacks
4. Cultural requirements	4.1	Meal patterns over a day
	4.2	Drinks provided
	4.3	Foods used
	4.4	Hot or cold meals
	4.5	Spices and flavorings used
	4.6	Inclusion of sweets
5. Appetizing food	5.1	Color
	5.2	Shape
	5.3	Texture
	5.4	Variety
6. Health needs of	6.1	Medical advice and diet
children	6.2	Allergies to certain foods
7. Food and drink	7.1	Culture
preferences	7.2	Dietary Requirements
	7.3	Religion
	7.4	Age
	7.5	Family Patterns
	7.6	Individual Tastes
	7.7	Stage of the Day

TR Caregiving NC II -6-

1 Critic	cal aspects of	Asses	ssment may requires evidence that the candidate:
	petency	1.1	Demonstrated ability to prepare nutritious foods suitable for children.
		1.2	Instilled personal hygiene practices to children.
		1.3	Took vital signs before bathing the child.
		1.4	Demonstrated feeding procedures.
2. Unde	erpinning	2.1	Bathing and Dressing/Undressing Procedures
	vledge and	2.2	Procedures of Feeding Children
attitu	ides	2.3	Procedures in Taking Vital Signs
		2.4	Proper Health Care of Children
		2.5	Hand Washing Procedures
		2.6	Table Etiquette
		2.7	Good Grooming
		2.8	Nutritional Needs of Children
		2.9	Fat Contents of Foods
		2.10	Dietary Requirements for Infants
		2.11	Cultural Practices and Beliefs about Food Provision
		2.12	Impact of Foods and Drinks on Dental Health
		2.13	Storage of Food – Temperatures
		2.14	Food Preparation and Cooking
3. Unde	erpinning skills	3.1	Cooking and Preparing Food
		3.2	Menu Planning
		3.3	Basic Measurements
4. Reso		The fo	ollowing resources MUST be provided:
impli	cations	4.1	A childcare workplace
		4.2	Facilities, equipment and materials relevant to the unit of competency
5. Meth	nod of	Comp	petency MUST be assessed through:
asse	essment	5.1	Demonstration with questioning
		5.2	Interview
6. Cont	text of essment	6.1	Competency may be assessed in the workplace or in a simulated work setting.

TR Caregiving NC II -7-

UNIT OF COMPETENCY: FOSTER THE SOCIAL, INTELLECTUAL, CREATIVE AND

EMOTIONAL DEVELOPMENT OF CHILDREN

UNIT CODE : HCS323303

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

foster the social, intellectual, creative and emotional development of

children from 1-12 years old.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Foster children's independence and	1.1	Opportunities to develop self help skills and independence are provided as needed.
autonomy	1.2	Children are given opportunities to make choice in appropriate ways taking into consideration their <i>individual differences</i> .
	1.3	Children are encouraged to accept responsibility for their own actions.
	1.4	Opportunities are created for children to participate in decision making.
Encourage children to express their feelings,	2.1	Children are encouraged to express their feelings, ideas and needs based on social norm.
ideas and needs	2.2	Children are provided with <i>activities</i> as means of releasing their feelings according to their interests and needs.
	2.3	Children are encouraged to respect each other's individual needs, abilities and interest.
Stimulate children's awareness and	3.1	Children are encouraged to express their imagination and creativity based developmental needs.
creativity	3.2	Children are provided with activities that would support awareness of the range of movements of their own body based on developmental needs.
	3.3	Materials and experiences are provided that would stimulate their various senses based on their interests.
	3.4	Experiences that develop and enhance imagination and creativity are provided based on their interests.
Foster children's self esteem and	4.1	Opportunities are provided for children to experience their individual strengths and needs.
development of self concept	4.2	Acknowledgement and positive support are given based on child experience negative feeling (frustration, aggression, depression, fear and anxiety).
	4.3	Activities that present a challenge within the child's needs and capabilities are provided based on developmental stage.
	4.4	Individual differences are acknowledged and respected based on child's development stage.
	4.5	Children's achievements are acknowledged and appreciated based on preference.
	4.6	Children's positive self-worth and self esteem are enhanced.

TR Caregiving NC II -8-

RANGE OF VARIABLES

VARIABLE		RANGE
1. Opportunities	1.1	Socio dramatic play
	1.2	Movement
	1.3	Listening to music
	1.4	Art experiences including day and finger painting
2. Individual differences	2.1	Age
	2.2	Gender
	2.3	Family background and lifestyle
	2.4	Abilities and disabilities
	2.5	Style of social interaction
	2.6	Appearance
	2.7	Cultural beliefs and practices
	2.8	Temperament
	2.9	Interests
	2.10	Peer group acceptance, membership or isolation
3. Children's activities	Child	ren's activities are carried out with the use of the following:
	3.1	Playpen with approximate toys according to age group (cradle toys, objects to explore by mouth, swinging toys, rattles, toys to poke, squeeze and push along
	3.2	Audio Visual Equipment (radio cassette, TV)
	3.3	Coloring Books
	3.4	Crayons
	3.5	Pencils
	3.6	Peg Boards
	3.7	Beads to String
	3.8	Construction Sets
	3.9	Scissors
	3.10	Paper
	3.11	Color
	3.12	Paint/Short Fat Paint Brushes
	3.13	Play Dough
	3.14	Activity Kit
	3.15	Puzzles
	3.16	Books
	3.17	Manual

TR Caregiving NC II -9-

1. Critical aspects of	Asse	ssment requires evidence that the candidate:
competency	1.1	Demonstrated ability to evaluate the emotional and psychological stage of the child and to plan activities which will enhance their development
	1.2	Demonstrated ability to assist children to be creative through providing a stimulating and challenging environment, taking into account child's age, development, culture and abilities
	1.3	Demonstrated ability to engage children in a range of developmental opportunities which are matched to their developmental stage and specific needs
2. Underpinning	2.1	Psychology of Children
knowledge and	2.2	Cultural Awareness
attitudes	2.3	Processes for Creative and Artistic Expression
	2.4	Children Developmental Stages
	2.5	Understanding of Children's Physical and Skills Development
	2.6	Children's Needs, Interests and Problems
3. Underpinning skills	3.1	Planning
	3.2	Interpersonal Skills
	3.3	Motivational Skills
4. Resource	The f	ollowing resources MUST be provided:
implications	4.3	A childcare workplace
	4.4	Facilities, equipment and materials relevant to the unit of competency
5. Method of	Com	petency MUST be assessed through:
assessment	5.1	Demonstration with questioning
	5.2	Interview
6. Context of assessment	6.1	Competency may be assessed in the workplace or in a simulated work setting.

TR Caregiving NC II -10-

UNIT OF COMPETENCY: FOSTER PHYSICAL DEVELOPMENT OF CHILDREN

UNIT CODE : HCS323304

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

foster specific physical development of children from 1-12 years old.

	ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
1.	Enhance physical activities of	1.1	Children are provided with <i>tools and equipment</i> based on physical development needs.
	children	1.2	Children are given exercise or activities based on needs.
2.	Create opportunities for children to	2.1	Children are provided <i>opportunities to develop their physical skills</i> based on development needs.
	develop a wider range of physical development	2.2	Children are given the opportunities to develop themselves physically in accordance with resources available.
		2.3	Equipment and tools are made available based on needs.
		2.4	Opportunities for physical development are provided based on child's stage of growth and development.
		2.5	Children are monitored and encouraged to develop healthy sleeping patterns and practices based on physical needs.
4.	Provide experience to support physical	4.1	Experiences are provided which will develop and enhance physical fitness .
	development of children	4.2	Encouragement is given to children to learn to develop habit forming physical activities
		4.3	Ways and means for the child to participate in physical fitness are communicated, modeled and practiced

TR Caregiving NC II -11-

RANGE OF VARIABLES

VARIABLE	RANGE
1. Tools and equipment	 1.1 Playpen with approximate toys according to age group (cradle toys, objects to explore by mouth, swinging toys, rattles, toys to poke, squeeze and push along 1.2 Audio Visual Equipment (radio cassette, TV) 1.3 Coloring Books 1.4 Crayons 1.5 Pencils 1.6 Peg Boards 1.7 Beads to String 1.8 Construction Sets 1.9 Scissors 1.10 Paper 1.11 Color 1.12 Paint/Short Fat Paint Brushes 1.13 Play Dough 1.14 Activity Kit 1.15 Puzzles 1.16 Books 1.17 Manual
Opportunities to support children's development will vary according to a number of factors such as:	 2.1 Child/Worker Ratios 2.2 Physical Environment – Constraints & Potential 2.3 Purpose of the Service 2.4 The amount and type of support from parents and participation by parents 2.5 The level of support available to the service from external bodies e.g. advice specialist services, resource workers 2.6 The frequency and regularity of use of the service by the child 2.7 Age of the Child
3. Physical skills	 3.1 Skills in motor areas – fine and gross motor 3.2 Dexterity 3.3 Eye – Hand Coordination 3.4 Balance 3.5 Locomotion 3.6 Coordination
4. Opportunities to develop physical fitness skills may include: Output Description:	 4.1 Active Games 4.2 Sports 4.3 Exercises 4.4 Setting up venue/environment 4.5 Range of environments and equipment 4.6 Socio dramatic play 4.7 Play with construction materials 4.8 Art activities
5. Opportunities to develop relevant physical skills will vary according to the age/disability of the child -	 5.1 For infants 5.1.1 Equipment and toys such as cradle toys, objects to explore by mouth, swinging toys, rattles, toys to poke, squeeze and push along 5.2 For Toddlers 5.2.1 Opportunities provided to practice new skills of walking, climbing, balancing and pushing and pulling wheeled toys 5.3 For 3 to 5 years old

TR Caregiving NC II -12-

VARIABLE		RANGE
	5.4	 5.3.1 Opportunities to develop fine motor skills such as puzzles, peg boards, beads to string, construction sets, crayons, brushes, scissors 5.3.2 Opportunities to practice large muscle skills such as running, jumping, catching a ball etc. For 6 to 12 years old 5.4.1 Opportunities for development of balance, skilled climbing, riding, skating opportunities to develop skills in running kicking, catching, skipping, throwing, writing, drawing, gluing etc.
6. Opportunities	6.1	Indoor and Outdoor Facilities
provided to develop skills may be needed	6.2 6.3	Environment Venue/Location
to adapt to factors	6.4	Type of Service
such as:	6.5	Workers own physical capabilities
	6.6	The desire for children to set up equipment themselves
	6.7	Safety considerations
	6.8	Peer group pressure
7. Advice may be	7.1	Physiotherapist
sought from:	7.2	Occupational Therapist
	7.3	Other Staff
	7.4	Parents

TR Caregiving NC II -13-

1. Critical aspects of competency Assessment requires evidence that the candidate: 1.1 Demonstrated ability to engage children in a range of developmental opportunities which are matched to their developmental stage and specific needs 2. Underpinning knowledge and attitudes 2.1 Knowledge and understanding of children's physical development and skill development 2.2 Acceptance of each child's rate of development, needs, interests and strengths 2.3 Experiences that will target specific areas of physical development 2.4 Needs of children with a sensory/physical disability 2.5 Equipment, toys and resources that can be used to stimulate physical development 2.6 Knowledge of interaction between physical development and other areas of development — especially social and psychological development 2.7 Relevant organizational standards, policies and procedures	
2. Underpinning knowledge and attitudes 2.1 Knowledge and understanding of children's physical development and skill development, needs, interests and strengths 2.2 Acceptance of each child's rate of development, needs, interests and strengths 2.3 Experiences that will target specific areas of physical development 2.4 Needs of children with a sensory/physical disability 2.5 Equipment, toys and resources that can be used to stimulate physical development 2.6 Knowledge of interaction between physical development and other areas of development 2.7 Acceptance of each child's rate of development, needs, interests and strengths 2.8 Experiences that will target specific areas of physical development 2.9 Needs of children with a sensory/physical disability 2.0 Knowledge of interaction between physical development and other areas of development — especially social and psychological development	•
knowledge and attitudes 2.2 Acceptance of each child's rate of development, needs, interests and strengths 2.3 Experiences that will target specific areas of physical development 2.4 Needs of children with a sensory/physical disability 2.5 Equipment, toys and resources that can be used to stimulate physical development 2.6 Knowledge of interaction between physical development and other areas of development — especially social and psychological development	competency
 2.2 Acceptance of each child's rate of development, needs, interests and strengths 2.3 Experiences that will target specific areas of physical development 2.4 Needs of children with a sensory/physical disability 2.5 Equipment, toys and resources that can be used to stimulate physical development 2.6 Knowledge of interaction between physical development and other areas of development – especially social and psychological development 	knowledge and
development 2.4 Needs of children with a sensory/physical disability 2.5 Equipment, toys and resources that can be used to stimulate physical development 2.6 Knowledge of interaction between physical development and other areas of development — especially social and psychological development	attitudes
 Equipment, toys and resources that can be used to stimulate physical development Knowledge of interaction between physical development and other areas of development – especially social and psychological development 	
physical development 2.6 Knowledge of interaction between physical development and other areas of development – especially social and psychological development	
other areas of development – especially social and psychological development	
2.7 Relevant organizational standards, policies and procedures	
2.7 Roll Valle organization at a data and problem of	
3. Underpinning Skills 3.1 Planning	3. Underpinning Skills
3.2 Interpersonal Skills	
3.3 Motivational Skills	
4. Resource The following resources MUST be provided:	
implications 4.1 A childcare workplace	implications
4.2 Facilities, equipment and materials relevant to the unit of competency	
5. Method of Competency MUST be assessed through:	
assessment 5.1 Interview/oral questioning	assessment
6. Context of assessment 6.1 Competency may be assessed either in the workplace or in a simulated workplace setting.	

TR Caregiving NC II -14-

UNIT OF COMPETENCY: PROVIDE CARE AND SERVICES TO ELDERLY

UNIT CODE : HCS323305

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required in

providing support and assistance to maintain quality care for the elderly to meet his/her daily needs including nourishment, mobility,

personal hygiene and other support within the plan of care.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Establish and maintain an	1.1	Self introduction by the caregiver to the elderly client is done based on established procedures.
appropriate relationship with the elderly	1.2	Appropriate attitudes such as confidentiality, privacy, courtesy and respect are adhered to and demonstrated towards the elderly based on established procedures.
	1.3	The elderly's own interest, <i>rights</i> , freedom and decision-making are supported and respected based on established procedures.
	1.4	Short interpersonal exchanges with the elderly in establishing, developing and maintaining rapport are encouraged.
Provide appropriate support to the elderly	2.1	All support is provided to the elderly in accordance with the elderly's needs, rights, self determination and individual differences.
	2.2	The elderly is encouraged and supported to participate in ceremonial, cultural, educational, recreational, religious, social, and spiritual activities as appropriately planned.
	2.3	Assistance is provided at all times in order to maintain a safe and healthy environment, including minimizing physical dangers and risk of infections based on established procedures.
	2.4	Proper response to situations of risks to health and safety is provided and maintained based on established procedures.
Provide assistance with elderly's personal care needs	3.1	Personal preferences are identified in consultation with the elderly and a plan for execution is mapped out based on established procedures.
	3.2	The elderly is supported and encouraged in exercising their rights and personal preferences without compromising their safety and those of others and in accordance with established procedures.
	3.3	Short interpersonal exchanges, clarifying meaning and maintaining interaction to identify the elderly's preferences are conducted based on established procedures.
	3.4	Time is scheduled to effectively listen to the elderly's preferences to <i>maximize his/her well being</i> .

TR Caregiving NC II -15-

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Provide assistance with the elderly's personal care needs	4.1	The elderly's personal care needs (aids to daily living) are identified and assistance provided.
	4.2	Specific concerns and difficulties in meeting some personal care needs are identified, clarified and modified with the elderly in order to effectively address such concerns and problem needs.
	4.3	Assistive devices for providing assistance for the elderly are identified and used as appropriate.
	4.4	Organizational policies and practices for <i>reporting</i> are followed as appropriate.
	4.5	The elderly's self esteem and confidence are enhanced.
	4.6	Provisions for interaction between the elderly and the community are researched and developed.
	4.7	Developmental and progressing personal care needs are identified, acknowledged and provided for as appropriate.
	4.8	Empathy is demonstrated in supporting and caring for the elderly's feelings of grief and loss.

TR Caregiving NC II -16-

RANGE OF VARIABLES

VARIABLE		RANGE
1. Elderly rights may be	1.1	Service/outcomes standards documents
detailed in:	1.2	Legislation
	1.3	Organizational policies and practices
2. Short interpersonal	2.1	Chatting in friendly manner
exchanges	2.2	Inquiring about the elderly's health
	2.3	Short casual exchanges
	2.4	Effective communication
	2.5	Dialogue
	2.6	Question and answer/interview techniques
3. Needs of the elderly	3.1	Physical, sexual
	3.2	Financial
	3.3	Household assistance and maintenance
	3.4	Religious Cultural
	3.6	Spiritual
	3.7	Recreational
	3.8	Social and emotional
	3.9	Intellectual
4. Factors contributing	4.1	Culture
to individual	4.2	Age
difference	4.3	Economic
	4.4	Social
	4.5	Gender
	4.6	Physical
	4.7	Intellectual
	4.8	Language
	4.9	Spiritual
	4.10	Marital Status
5. Assistance	5.1	Providing information and advice
	5.2	Accompanying or providing specific services
	5.3	Encouragement and support for decisions and actions
0.14	5.4	Companionship
6. Maximum well being	6.1	Independent living
	6.2	Observation of own customs and cultural practices coming
	6.3	and going from environment with safety
	6.4	Belonging to social groups Frequent visits to and from family, relatives and friends
	6.5	Companionship
	6.6	Efficient care from caregiver
7. Personal care needs	7.1	Daily living including:
7. 1 croonal care needs	/	7.1.1 Maintaining personal safety
		7.1.2 Communication (speech, writing, non-verbal
		communication)
		7.1.3 Eating and drinking
		7.1.4 Eliminating
		7.1.5 Breathing
		7.1.6 Mobilizing and transferring (moving from place to place
		and position to position)
		7.1.7 Attending to personal hygiene (bathing, laundering
		personal linen)

TR Caregiving NC II -17-

VARIABLE		RANGE
		7.1.8 Dressing and undressing7.1.9 Attending to own spiritual needs7.1.10 Grooming and expressing sexuality7.1.11 Toiloting
		7.1.11 Toileting 7.1.12 Keeping appointments (Doctors, Dentists, Bankers, Lawyers)
	7.2	7.1.13 SPICE (Spice, Physical, Intellectual, Creative and Emotional) activities Daily Routine
	1.2	7.2.1 Accessing education and employment 7.2.2 Accessing financial resources and allowances
		7.2.3 Paying bills and regular outgoings7.2.4 Shopping
		7.2.5 Preparing meals 7.2.6 Climbing stairs
		7.2.7 Maintaining household (cleaning, laundry, décor, repair)7.2.8 Traveling by private and public transport
		7.2.9 Interacting with others and socializing 7.2.10 Accessing leisure, recreational and sporting activities
	7.3	Assisting with self-administration of medication according to: 7.3.1 Organizational practice and policy
		7.3.2 Government regulation, policy and legislation7.3.3 Instructions from the elderly, their trustees, medical team and significant others
	7.4	Physical comfort and rest 7.4.1 Appropriate rest
		7.4.2 Proper clothing7.4.3 Fit dentures
	7.5	7.4.4 Aids (wheelchairs, braces, walker, reading glasses)7.4.5 Comfortable bed and chairPrivacy
	7.6 7.7	Confidentiality To be treated in a dignified, safe and comfortable manner
	7.8	To express success, satisfied or own feelings
8. Assistive Devices	8.1	Wheelchair
	8.2	Walker
	8.3 8.4	Cane Crutches
	8.5	Parallel Bars
	8.6	Feeding Utensils
	8.7	Handrails
	8.9	Commode
9. Appropriate	8.10 9.1	Reading Materials Courtesy
communication and	9.1	Empathy
relationship building	9.3	Non judgmental manner
processes	9.4	Listening
	9.5	Treating the elderly person as an individual
	9.6	Respect for difference 9.6.1 Cultural
		9.6.2 Physical
	<u> </u>	9.6.3 Emotional

TR Caregiving NC II -18-

VARIABLE		RANGE
		9.6.4 Beliefs
		9.6.5 Customs
		9.6.6 Values
		9.6.7 Religions
10 Assistance may vary	10.1	The ability of the worker
according to:	10.2	Mental well being
	10.3	Physical well being
	10.4	
		Emotional well being
		Creative well being
11. Factual information	11.1	Asking questions
to identify the	11.2	Observing the elderly
elderly's preferences	11.3	Asking for clarification from the elderly
may be gathered by:	11.4	Asking other significant people such as relatives, friends, staff
	11.5	Listening for relevant information concerning the elderly's
		preferences
	11.6	Offering choices and suggestions
	11.7	Consulting professionals' opinions and suggestions for the
10.4	10.1	elderly to consider
12. Assistance may vary	12.1	The ability of the worker
according to:	12.2	Mental well being
	12.3	Physical well being
	12.4	
	12.5	Emotional well being
13. Processes and aides	13.1	Creative well being Meals on wheels
		All equipment and aids
may include:	13.2	Transport services
	13.4	Around the clock caregiver
		Occasional caregiver
		Senior lodges accommodation
	13.7	Trips to or visits from medical team
14. Reporting may	14.1	
include:		reporting instructions
	14.2	Medicine chart
	14.3	Observation log book
	14.4	•
15. Reporting may be to:		Supervisors
	15.2	Colleagues
	15.3	Health workers
	15.4	Administrator
	15.5	Health care services
		Emergency services
	15.7	•
	15.8	Social services
	15.9	Relatives
16. Reporting may be	16.1	Telephone
via:	16.2	Hand over reports
	16.3	Face to face
	16.4	Written

TR Caregiving NC II -19-

VARIABLE		RANGE
17. Social and personal	17.1	Being independent
well being may	17.2	Maintenance of personal contacts
include:	17.3	Control of financial affairs
	17.4	Coming and going from environment within safety
		requirements
	17.5	Observation of own customs and cultural practices
	17.6	Exercising legal, social and other obligations and responsibilities
	17.7	Keeping and maintaining personal possessions
	17.8	Privacy
	17.9	Access and entitlement to respite and other services
		Maintaining community participation
	17.11	Participation in programs and activities
	17.12	Sharing knowledge and skills
18. Well being may vary	18.1	Service provision environment e.g. independent living,
according to:		residential care facility, day center
	18.2	Health Status
		Worker's Role
		SPICE Status
19. Provision of aids	19.1	Referral to advisory centers
may include:		Information
20. Spiritual needs may	20.1	Formal and informal religious observance
include:	20.2	Need for private time and space for contemplation
	20.3	Ceremonial Observances
21. Aids may include:	21.1	Mobility
	21.2	Hearing
	21.3	Speech
		Vision
22. The elderly's self	22.1	Assisting the elderly with difficult tasks
esteem and	22.2	Clarifying and discussing the elderly's abilities and disabilities
confidence may be encouraged by:	22.3	Encouraging the elderly to try new activities
23. Psychological needs	23.1	Freedom from undue stress
	23.2	
	23.3	Purpose
	23.4	Personal identity
	23.5	Life stage development

TR Caregiving NC II -20-

Critical aspects of	Assessment requires evidence that the candidate:
competency	1.1 Worked within roles and responsibilities in a manner which accommodates and accepts individual differences of the elderly
	1.2 Established and maintained appropriate relationship with the elderly
	1.2 Provided appropriate support and assistance with the elderly's personal care needs
	1.3 Understood and adhered to own roles and responsibilities
	1.4 Understood accountability and responsibility of supervisors and colleagues
	1.5 Consulted with the elderly, including asking questions, observing, listening and suggesting
	1.6 Recognized and understood the elderly's rights and personal
	preferences including the ability to list the elderly's
	preferences.
	1.7 Demonstrated a non-judgmental attitude to the different
	emotional, psychological and spiritual needs of the elderly in all communications
2. Underpinning	2.1 Types, uses, specifications and maintenance of bathing
Knowledge and	paraphernalia
Attitudes	2.2 Procedures of bathing and dressing the elderly
	2.3 Proper care of elders
	2.4 Principles and procedures in taking vital signs
	2.5 Common signs and symptoms of common illnesses
	2.6 Principles and procedures of medicine administration
	2.7 Relevant plan of care, roles and responsibilities of caregiver
	4.3 Relevant policies, protocols and practices of the certain
	organizations in relation to services to the elderly
	2.9 Process of ageing
	2.10 Different religious, cultural, spiritual, physical and ceremonial
	perspectives
	2.11 Causes, implications and treatment of dementia and other elderly related conditions
	2.12 Depending on the work, roles or services provided, specific
	knowledge of particular groups or issues may be required like:
	2.12.1 Alcohol and other drugs
	2.12.2 Cultural and linguistics diversity
	2.12.3 Risk of self harm
	2.12.4 Women
	2.12.5 Men
	2.12.6 Community education
	2.12.7 Mental health
	2.13 Common problems of the elderly and their ramifications
	2.14 Different cultural requirements and preferences
	2.15 Factors giving rise to grief and loss in the
	elderly
	2.16 Safety risks to the elderly
	2.17 Major systems of the body

TR Caregiving NC II -21-

3. Underpinning skills	3.1	Ability to establish and maintain a relationship that takes into account the elderly's individual differences (e.g. age, abilities, disabilities, cultural background)
	3.2	Oral communication skills (language skills) and non-verbal communication skills (e.g. touch, smiling, etc.) necessary to develop a trusting relationship with an elderly. Language skills may be English, mother language or technical language (medical terms) as required by employment service or organization
	3.3	Oral communication skills (language competence) required to fulfill job roles as specified by the employment organization/service. Oral communication skills include asking questions, clarifying understanding of the elderly's
		preferences and expressing encouragement in oral communication. Service/organization may require competence in English or native language, as required by the elderly.
	3.4	Reading and writing skill (literacy competence) required to fulfill job roles as specified by employment
		organization/service. The level of skills may range from the ability to write short messages or a shopping list, to assist the elderly with banking, reading of mail, answering the phone,
		receiving messages etc. the employment service/organization may require competence in a language other than English, depending on job request
	3.5	Basic counseling
4. Resource	The f	ollowing resources MUST be provided
implications	4.1	A childcare workplace
	4.2	Facilities, equipment, supplies and materials relevant to the
5. Method of	Com	unit of competency petency MUST be assessed through:
assessment	5.1	Demonstration with questioning
assessificial	5.1	Interview
6. Context of	6.1	Competency may be assessed in the workplace or in a
assessment		simulated work setting.

TR Caregiving NC II -22-

UNIT OF COMPETENCY: PROVIDE CARE AND SUPPORT TO PEOPLE WITH SPECIAL

NEEDS

UNIT CODE : HCS323306

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required in

providing support and assistance to maintain quality care for people with special needs to be able to enhance their abilities to communicate and be independent; responding to the physical, medical, health and safety, personal care and home maintenance

requirements of people with disabilities.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Establish and maintain appropriate relationship with people with special	1.1	All dealings with people with special needs are aimed at generating a trusting relationship which include protecting confidentiality, privacy, individual choices and the right to decision making.
needs	1.2	Respect for <i>individual differences</i> is demonstrated in all dealings with people with special needs.
	1.3	Support for the interests, rights and decision making of people with special needs is demonstrated in all dealings.
	1.4	People with special needs are actively encouraged and supported to communicate ideas, feelings and preferences.
Provide appropriate support to people	2.1	All support to people with special needs are provided in accordance with their needs , rights and self determination.
with special needs	2.2	Assistance is provided to people with disabilities according to the employment organization guidelines.
	2.3	Information required by people with special needs are identified and provided.
	2.4	Reactions and limitations regarding <i>differences</i> are recognized and appropriate assistance is sought to ensure that the rights of people with special needs are upheld.
Assist in maintaining well being of people	3.1	People with special needs are provided with support in maintaining a clean, safe and comfortable environment.
with special needs.	3.2	Situations of risk to health and safety are responded to in accordance with established and approved health and safety procedures .
	3.3	People with special needs are actively encouraged to practice self expression.
	3.4	Rights and responsibilities of people with special needs are discussed with them professionally and in a non-threatening and non-critical ways.
	3.5	Strategies are developed for people with special needs to assert self terms of accomplishments and achievements.

TR Caregiving NC II -23-

	ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
4.	Assist people with special needs to	4.1	The dignity, privacy and personal choice of people with special needs in relation to needs are upheld.
	identify and meet their needs	4.2	People with special needs are assisted to identify, select and prioritize their specified nursing needs.
		4.3	People with special needs are assisted to identify, select, prioritize and fulfill or implement their social, physical, intellectual, creative and emotional activities.
		4.4	People with special needs are assisted to select and develop strategies to meet their requirements in order to achieve their nursing needs.
5.	5. Assist people with special needs in maintaining an environment that enables maximum independent living	5.1	The types, frequency and triggers of challenging behaviors of a person with special needs are identified, assessed and researched.
		5.2	Strategies for the <i>prevention and management of</i> challenging behavior/s are planned and implemented according to approved safety procedures.
		5.3	People with special needs are encouraged and supported to express self.
		5.4	Independent thinking (such as decision, opinion and preferences) by people with special needs are encouraged and supported.
		5.5	Strategies that would promote independence of people with special needs are developed and implemented.

TR Caregiving NC II -24-

RANGE OF VARIABLES

VARIABLE		RANGE
1. Tools and equipment	1.1	Bed with side rails
	1.2	Night Light
	1.3	Handrails
	1.4	Assistive device (wheelchair, cane, walker and crutches
	1.5	Commode
	1.6	Feeding Utensils
	1.7	Clock
	1.8	Reading Materials
	1.9	Activity Kit
2. Individual differences	2.1	Daily living such as:
		2.1.1 Culture
		2.1.2 Age
		2.1.3 Economic
		2.1.4 Social
		2.1.5 Gender
		2.1.6 Physical
		2.1.7 Emotional
		2.1.8 Intellectual
		2.1.9 Language
	2.2	Rights may be detailed in:
		2.2.1 Service/outcomes standards
		2.2.2 Legislation
		2.2.3 Organizational policies and practice
	2.3	Support will be in the Context for services offered including:
		2.3.1 Personal support
		2.3.2 Employment support
		2.3.3 Community access
		2.3.4 Accommodation support
		2.3.5 Lifestyle support
3. Assistance	3.1	Providing information
	3.2	Assistance with mobility or providing specific support such as
		transport
	3.3	Encouragement and support for decisions and and actions
. 515	3.4	General household assistance and maintenance
4. Differences	4.1	Individual (age, gender, ability, history, personal preferences)
	4.2	Cultural
	4.3	Spiritual
	4.4	Sexual preference
5. Rights	5.1	Choose for oneself

TR Caregiving NC II -25-

VARIABLE		RANGE
	5.2	Have meaningful work
	5.3	Privacy
	5.4	Dignity
	5.5	Confidentiality
	5.6	Self determination
	5.7	Appropriate support
	5.8	Skill development
	5.9	Advocacy
	5.10	Being treated as a valued individual
	5.11	Fair treatment
	5.12	Right to enter into a relationship
	5.13	Right to express sexuality
6. Responsibilities	6.1	Act within the law
	6.2	Treat others with consideration and respect
	6.3	Abide by family obligations
	6.4	Abide by the policies and procedures of the services being
		used
7. Personal needs may	7.1	Daily living including:
include providing assistance with:		7.1.1 Maintaining personal safety
		7.1.2Communication (speech, writing, non-
		verbal communication)
		7.1.3 Eating and drinking
		7.1.4 Eliminating
		7.1.5 Breathing
		7.1.6 Mobilizing and transferring (moving
		from place to place and position to position)
		7.1.7 Attending to personal hygiene (bath-
		ing, laundering personal linen)
		7.1.8 Dressing and undressing
		7.1.9 Attending own spiritual needs
		7.1.10 Grooming and expressing sexuality
	7.2	Physical/instrumental activities of daily living:
		7.2.1 Accessing education and employment
		7.2.2 Accessing financial resources and allowances
		7.2.3 Paying bills and regular outgoings
		7.2.4 Shopping
		7.2.5 Preparing meals
		7.2.6 Climbing stairs
		7.2.7 Maintaining household (cleaning, laundry, décor, repairs)
		7.2.8 Traveling by private and public transport

TR Caregiving NC II -26-

VARIABLE		RANGE
		7.2.9 Interacting with others and socializing
		7.2.10 Accessing leisure, recreational and sporting activities
	7.3	Assisting with self-administration of medication according to:
		7.3.1 Organizational practice and policy
		7.3.2 Government regulation, policy and legislation
	7.4	Physical comfort and rest
	7.5	Pain management
	7.6	Maximization of independence and personal preferences
	7.7	Empowerment e.g. Enhancing of clients ability to communicate, act independently and uphold rights and responsibilities
8. Strategies to meet	8.1	Responding to requirements arising from differences
needs	8.2	Utilizing personal support equipment e.g. chair lifts, wheelchairs, hearing impaired phones, etc.
	8.3	Enlisting specialist skills
9. Support may be	9.1	In the clients home
provided:	9.2	At residential or other services
10.Relevant legislation	10.1	Occupational health and safety
and policies on health	10.2	State health acts
and safety	10.3	EEO legislation
	10.4	Organizational policies and guidelines
	10.5	Daily living
	10.6	Medications
	10.7	Dealing with changes in physical or mental well being
	10.8	Occupational Health and Safety
	10.9	Sexual Harassment
	10.10	Abuse prevention
11.Prevention and	11.1	Recognizing triggers and deflecting them
management of	11.2	Using active listening and observation skills
challenging behavior	11.3	Ensuring effective communication
	11.4	Seeking expert assistance

TR Caregiving NC II

	_	
Critical aspects of	Asse	ssment requires evidence that the candidate:
competency:	1.1	Established and maintained appropriate relationship with people who have special needs
	1.2	Provided appropriate support to people with special needs
	1.3	Assisted in maintaining the well being of people with special needs
	1.4	Assisted people with special needs to identify and meets their needs
Underpinning knowledge and	2.1	Relevant organizational policies and procedures and responsibilities within it
attitudes	2.2	Relevant policies, protocols and practices of the organization in relation to own work activities
	2.3	Basic knowledge of different types of disabilities and their effects on clients need
	2.4	Understanding of support requirements for people with special needs
	2.5	Different religious, cultural, spiritual, physical, specific knowledge of particular groups or issues may be required like the following:
		2.5.1 Alcohol and other drugs
		2.5.2 Cultural and linguistic diversity
		2.5.3 Risk of self harm
		2.5.4 Women
		2.5.5 Men
		2.5.6 Community education
		2.5.7 Mental health
	2.6	Organizational philosophy and goals
	2.7	Legislative provision in relation to the rights of people with disabilities
	2.8	Basic knowledge of human, social, psychological, cognitive and physical development
	4.4 R	ole and responsibility of self and others in the organization
	4.50	rganization's definition of challenging
		behavior
	4.6R	elevant support equipment (and technologies)
		and related occupational health and
		safety requirements regarding their use
	2.10	Impact of particular types of disability
	2.11	Principles of empowerment/disempowerment in relation to people with special needs
	2.12	Occupational health and safety guidelines
	2.13	Cultural factors affecting people with special needs requirements

TR Caregiving NC II -28-

		2.14	Understanding of regulations and guidelines governing the handling of medication
3. Underpi	3. Underpinning skills	3.1	Interpersonal skills appropriate to work with people with special needs
		3.2	Oral communication skills (language skills) necessary to develop a trusting relationship with people with special needs. Language may be English or community language as required by service or organization
		3.3	Communication
		3.4	Team work
		3.5	Negotiation
		3.6	Use of equipment
		3.7	Interpersonal communication
		3.8	Observation as required by job role
		3.9	Assessment as required by job role
4. Resource	_	The fo	ollowing resources MUST be provided:
implicati	ons	4.1	A child care workplace
		4.2	Facilities, equipment, tools, supplies and materials relevant to the unit of competency.
5. Method	of	Comp	petency MUST be assessed through:
assessment	5.1	Demonstration with questioning	
		5.2	Interview
6. Context assessm		6.1	Competency may be assessed in the workplace or in a simulated workplace setting.

TR Caregiving NC II -29-

UNIT OF COMPETENCY: MAINTAIN A HEALTHY AND SAFE ENVIRONMENT

UNIT CODE : HCS323307

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

maintain various aspects in home maintenance taking into

consideration health and safety environment.

		PERFORMANCE CRITERIA
ELEMENT		Italicized terms are elaborated in the Range of Variables
1. Maintain a clean and	1.1	Cleaning occurs as an ongoing process as per regulations.
hygienic environment	1.2	Appropriate <i>cleaning agents, tools and equipment</i> are used in accordance with established procedures.
	1.3	Infection control procedures are followed according to established procedures.
	1.4	Ventilation, lighting and heating/cooling are adequately maintained.
	1.5	Personal hygiene/health procedures are adhered to at all times.
	1.6	Beds and beddings are cleaned to conform to health, hygiene and safety requirements as relevant.
Provide a safe environment	2.1	Organizational policies and procedures on safety are implemented as required.
	2.2	Environment protection policy is implemented.
	2.3	Tools, equipment, toys and games are appropriate to the age of the child.
	2.4	Equipment is selected, checked and maintained to ensure safety.
	2.5	The environment is set up to ensure safety of the client.
	2.6	Area is checked for <i>hazards and risks reduction strategies</i> are implemented
	2.7	Fire exits are kept unobstructed
	2.8	<i>Disposal of waste materials</i> is conducted in a safe and hygienic way
	2.9	Cleaning materials are stored safely
Supervise the safety of clients	3.1	Clients are supervised in accordance with <i>legal requirements</i> and regulations.
	3.2	Rules for safe play are explained, modeled and implemented.
	3.3	Direct contact with individuals/group is maintained.
	3.4	Potential risks are identified and acted upon to prevent/minimize risks.
	3.4	Hazards and potential hazards in the environment are identified and clients are informed accordingly.
	3.5	Emergencies and evacuation procedures are discussed and practiced with clients.
	3.6	Supervision is used as an opportunity to interact with clients.

TR Caregiving NC II -30-

RANGE OF VARIABLES

	VARIABLE		RANGE
1.	Tools and equipment	1.1	Cleaning materials (e.g. detergent soap, brush, broom, mop,
		4.0	rags, glass wiper)
		1.2	Vacuum Cleaner
	1 1	1.3	Play area with appropriate toys and padding
2.	Legal requirements	2.1 2.2	Staff/children ratios
	and regulations regarding supervision	2.2	Babies are never left unattended in the bath or on change table
3	Cleaning	3.1	Disinfecting nappy change areas
0.	Oleaning	3.2	Washing floor
		3.3	Vacuuming
		3.4	Disinfecting toilet areas
4.	Disposal of waste	4.1	Nappies
	materials	4.2	Soiled tissues/wipes
		4.3	Alternative Method for rest e.g. Hammocks
5.	Organizational	5.1	Legal/legislative requirements
	procedures	5.2	Organizational policies regarding excursions
	implemented for		
	safety	0.4	NI III - /-I
Ю.	Checking area for	6.1 6.2	Needles/sharp implements in outdoor areas
	hazards may include checking for:	0.2	Animal droppings in outdoor areas
7	Maintaining direct	7.1	Child's age
' .	contact with	7.2	Child's level of independence/dependence
	child will vary	7.3	Child's safety/risk taking behaviors
	according to:	7.4	Activity child is involved in
	J	7.5	Ability of child
8.	Contact can include:	8.1	Sight
		8.2	Sound
		8.3	Glass viewing windows
		8.4	Line of Sight
	D (()))	8.5	Within physical reach
9.	Potential risk may be:	9.1	Babies learning to eat solid foods
		9.2	Children learning new skills such as walking, balancing
		9.3 9.4	Particular "combinations" of children playing together Babies going to sleep with a bottle
		9.5	Risk of dehydration on very hot days
		9.6	SIDS
			their previous ability
10	.Rules for safe play	10.1	Use of equipment
		10.2	How children play together
11	.Providing a safe	11.1	A purpose designed and built center
	•		
		11.4	Appropriate for the age range of children
12		12 1	Verhally
'			·
			, ,
11		10.2	Use of equipment How children play together

TR Caregiving NC II -31-

VARIABLE		RANGE
13.Risk	13.1	Gates on stairs
reduction/strategies	13.2	Covers on electrical sockets
		Removal/locking away of dangerous substances
		Close supervision of any children in kitchens
	13.5	Fences and gates, locking mechanisms
	13.6	Out of bounds areas
	13.7	Vacuuming/sweeping floors to remove small dangerous objects
	13.8	Particularly close supervision in some areas
	13.9	Placing babies/infants to sleep in positions recommended for prevention of SIDS

TR Caregiving NC II -32-

Critical aspects of	Asse	ssment requires evidence that the candidate:
competency	1.1	Demonstrated ability to provide a clean and safe environment for children
	1.2	Observed personal hygiene/health procedures
	1.3	Implemented environment protection policy
	1.4	Explained and implemented rules for safe play
	1.5	Identified potential risks and hazards and explained to clients
	1.6	Discussed and practiced with clients the emergencies and evacuation procedures.
2. Underpinning	2.1	Up to date knowledge of regulations are understood
knowledge and attitudes	2.2	Regulations on safety, health and hygiene
difficults	2.3	Potential hazards to children
	2.4	Hazards of traffic for children
	2.5	Risk minimization strategies and risk reduction strategies
	2.6	The spread of infectious diseases and cross infection
	2.7	Strategies to minimize the spread of infectious diseases
	2.8	Developmental stage
	2.9	Appropriate toys and equipment – safety and risks
	2.10	Legal requirements for supervision including worker and child ratios
	2.11	Organizational standards, policies and procedures
	2.11	Hazards in the home environment
3. Underpinning skills	3.1	Risk minimization strategies and risk reduction strategies
	3.2	Strategies to minimize the spread of infectious diseases
	3.3	Interpersonal safe use of equipment and materials
4. Resource	The f	following resources MUST be provided:
implications	4.1	A childcare workplace
	4.2	Facilities, equipment, supplies and materials relevant to the unit of competency
5. Method of	Com	petency MUST be assessed through:
assessment	5.1	Demonstration with questioning
	5.2	Interview
6. Context of assessment	6.1	This unit could be assessed either in the workplace or in a simulated workplace setting.

TR Caregiving NC II -33-

UNIT OF COMPETENCY: RESPOND TO EMERGENCY

UNIT CODE : HCS323308

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

respond to emergencies which include various aspects of disease control and prevention and emergency measures that can be

administered effectively.

ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Implement procedures for	1.1	Exclusion guidelines for children and others suffering from an infectious condition are followed.
infection control and prevention	1.2	Hygiene and health principles are implemented in care practice.
	1.3	Infection control guidelines are followed.
2. Recognize and	2.1	Signs of potential illness are reported.
respond to signs of potential illness	2.2	Medical assistance is sought as necessary according to policies and procedures.
	2.3	Clients and relatives are informed as soon as possible.
	2.4	Client is comforted and settled.
3. Respond to	3.1	The safety of self and others is ensured.
emergencies and accidents	3.2	Immediate First Aid is provided as required.
accidents	3.3	Strategies to calm, reassure and comfort clients are implemented.
	3.4	Details of emergency are recorded and reported accurately.
	3.5	Information is provided to others according to established policies.
	3.6	Emergencies and accidents are responded to according to the established guidelines and legislative requirements.
Administer medication within	4.1	Medication is administered according to organizational policies and legislative requirements.
guidelines	4.2	Medication is stored according to requirements.
	4.3	Medication is checked for name, instructions and use by date.
	6.2	All administered medications are documented in accordance with requirements.
5. Respond to threats and situations of	5.1	Remove client from threat/danger or remove danger/threat from client.
danger	5.2	The level of immediate danger is assessed and the situation is reported to an appropriate person.
	5.3	Appropriate emergency procedures are implemented to ensure the safety of children and workers.

TR Caregiving NC II -34-

RANGE OF VARIABLES

VARIABLE		RANGE
Tools and Equipment	1.1	Dummies (baby and adult)
	1.2	Vital signs kit (thermometer, BP)
	1.3	Bed Board
	1.4	Disposable Gloves
	1.5	Cleaning equipment
	1.6	Utensils
	1.7	Soft toys
	1.8	Protective Aprons
2. Hygiene and Health	2.1	Hand Washing
Principles	2.2	Use of disposable gloves when cleaning up body wastes
	2.3	Removal and disposal of infected articles
	2.4	Cleaning equipment
	2.5	Disposal of unused foods/milk
	2.6	Cleaning of utensils after use
	2.7	Regular disinfecting of soft toys
	2.8	Removal of body waste products (e.g. feces, urine, saliva, vomit) and disinfection of affected area
	2.9	Use protective aprons when changing babies
	2.10	Disinfection of nappy change areas after each use
3. Medication		irements for storage of medication may include but not limited following:
	4.1	Legislative guidelines
	4.2	Organization procedures

TR Caregiving NC II -35-

1. Critical aspects of	f Asse	ssment requires evidence that the candidate
competency	1.1	Demonstrated ability to respond quickly to emergencies and implement correct procedures including administering first aid
	1.2	Implemented procedures for infection control and prevention
	1.3	Recognized and responded to signs of potential illness
	1.4	Responded to emergencies and accidents
	1.5	Responded to threats and situations of danger.
2. Underpinning	2.1	Disease spread and transmission
knowledge and attitudes	2.2	Guidelines for inspection control
attitudes	2.3	Indicators of child abuse
	2.4	Different types of child abuse
	2.5	Child protection policy of service
	2.6	State/territory requirements about responding to indications of abuse and reporting process
	2.7	Organizational standards, policies and procedures
3. Underpinning skil	ls 3.1	Common childhood illnesses – recognition, management strategies
	3.2	Writing incident records
	3.3	Making decision under pressure
4. Resource	The	following resources MUST be provided:
implications	4.1	A childcare workplace
	4.2	Facilities, equipment, supplies and materials relevant to the unit of competency
6. Method of	Com	petency MUST be assessed through:
assessment	6.1	Demonstration with questioning
	6.2	Interview
7. Context of assessment	7.1	Competency may be assessed in the workplace or in a simulated workplace setting.

TR Caregiving NC II -36-

CLEAN LIVING ROOM, DINING ROOM, BEDROOMS, TOILETS, BATHROOMS AND KITCHEN UNIT OF COMPETENCY:

UNIT CODE HCS323309

UNIT DESCRIPTOR

This unit covers the knowledge, skills, and attitudes required to perform home management by providing clean, secure and safe

environment.

		PERFORMANCE CRITERIA
ELEMENT		Italicized terms are elaborated in the Range of Variables
Clean surfaces and	1.1	Appropriate removal/cleaning equipment, supplies,
floors		<i>materials</i> , procedures and techniques are used in
		accordance with soil and litter types and established
		procedures.
	1.2	All wastes are removed from surface based on procedures.
	1.3	Suitable maintenance procedures is selected and applied
		based on identified floor types and surface textures.
	1.4	Cleaning, polishing and sweeping are performed according to standard operating procedures.
	1.5	Cleaning, polishing and sweeping equipment, supplies and
	1.5	materials are used following safety procedures and
		manufacturer's specifications.
	1.6	Cleaning/polishing equipment are cleaned after use in
		accordance with relevant safety procedures and
		manufacturer's instructions.
	1.7	All cleaning, polishing, sweeping materials and equipment are
		stored as per standard operating procedures (SOPs).
	1.8	Routine maintenance is carried out as per SOPs.
2. Clean furnishing and	2.1	Furnishings and fixtures are cleaned in accordance with
fixtures		standard operating procedures.
	2.2	Furniture positioned based on comfort and convenience and
		room lay out.
	2.3	Equipment is cleaned after use in accordance with relevant
		safety and manufacturer's instructions.
	2.4	All cleaning materials and equipment are stored following SOPs.
	2.5	Routine maintenance is carried out or arranged as per
	2.5	standard operating procedures.
3. Make up beds and	3.1	Mattress is aired, freed from and vacuumed in accordance
cots	0.1	with SOPs.
	3.2	Soiled linens an pillowcases are replaced in accordance with
		SOPs.
	3.3	Linens are centered and mitered when replaced as per SOPs.
	3.4	Beds and cots are made-up according to prescribed
		procedure.
4. Clean toilet and	4.1	Ceilings and walls are cleaned in accordance with standard
bathroom		operating procedures and techniques.
	4.2	Window edges and sills are wiped clean in accordance with
	4.0	standard operating procedures.
	4.3	Bath tub, lavatory and toilet bowls are scrubbed and
		disinfected in accordance with standard operating procedures
	4.4	and techniques. Accessories are washed and cleaned in accordance with
	4.4	standard operating procedures and techniques.
		standard operating procedures and techniques.

TR Caregiving NC II -37-

		PERFORMANCE CRITERIA
ELEMENT		Italicized terms are elaborated in the Range of Variables
	4.5	Bathroom supplies are replenished and defective
		accessories replaced as per SOPs.
	4.6	Equipment is cleaned after use in accordance with
		manufacturer's instruction.
	4.7	All cleaning materials and equipment are stored in a safe
		place as per SOPs.
	4.8	Routine maintenance is carried out or arranged as per
		standard operating procedures.
5. Sanitize rooms	5.1	Sanitizing agents are 100% accurately measured and mixed
		in accordance with relevant safety regulations.
	5.2	Excess mixtures of sanitizing agents are disposed according
		to environmental requirements.
	5.3	Rooms are sanitized in accordance with standard operating
		procedures.
	5.4	Equipment is cleaned after use in accordance with
		manufacturer's instructions.
	5.5	All cleaning materials and equipment are stored in a safe
		place as per SOPs.
	5.6	Routine maintenance is carried out or arranged as per
		standard operating procedures.
6. Maintain clean room	6.1	All equipment and cleaning paraphernalia are checked and
environment		maintained according to manufacturer's instructions.
	6.2	All wastes are removed and disposed of in accordance with
		employer's requirements.
	6.3	All movable furniture and fittings are shifted to allow access to
		hidden dust/waste/dirt and as per SOPs.
	6.4	Rooms are checked regularly for orderliness/tidiness in
7. Class kitches	7.4	accordance with employer's requirements.
7. Clean kitchen	7.1	Soiled dishes, pots, pans and linen are washed in accordance with standard operating procedures.
	7.2	, , ,
	1.2	Cleaned/dried dishes, pots and pans are stored as per
	7.3	standard operating procedures. Kitchen appliances are cleaned in accordance with standard
	7.5	operating procedures.
	7.4	Kitchen fixtures, tables and chairs are wiped in accordance
	'	with standard operating procedures.
	7.5	Floor is mopped and dried in accordance with standard
		operating procedures.
	7.6	Kitchen supplies are inspected and replenished in
		accordance with standard operating procedures.

TR Caregiving NC II -38-

RANGE OF VARIABLES

VARIABLE		RANGE
1. Cleaning Equipment,	1.1	Brooms
Supplies and	1.2	Dust pan and brush
Materials	1.3	Cleaning implements
	1.4	Vacuum cleaner
	1.5	Floor Carpet
	1.6	Water Hoses
	1.7	Bucket
	1.8	Bed
	1.9	Dining Table
		Water Pitcher
		Table Cloth
		Flowers
		Bed Cover
		Spoon
		Fork
	1.16	Knife
	1.17	
		Wine Glass
		Serving Utensils
		Table Napkin
	1.21	•
	1.22	
		Drinking Water
		Serving Tray
		Soiled Table
		Cleaning Detergent
		Liquid Detergent
		Cleaning Solution
		Scrubbing Foam
		Flat Sheets
		Fitted Sheet
		Pillow
	1.33 1.34	Pillow Case Bed Mattress
		Dish Pan
		Dish Sponge/Dish Cloth
	1.37	
		Rolled Newspaper
		Cleaning Rag
	1.00	Wax Paper/Aluminum Foil
	1.41	Talcum Powder
		Bowl Cleaner
		Toilet Disinfectant
		Acid Cleaner
		Cup
	1.46	
	1.47	•
		Drinking Glass/Goblet
		Serving Dish
	1.50	
	1.51	Floor Mop

TR Caregiving NC II -39-

VARIABLE		RANGE
	1.52	Toilet Bowl Swab
	1.53	Toilet Caddy
	1.54	Spray Bottle
	1.55	Guess Model
	1.56	Antistatic Duster/Cleaning Cloth
	1.57	Vacuum Cleaner with Circular Brushes
	1.58	Sponges
	1.59	Scourer
		Glass Cleaning Equipment
		Drop Sheets
		'A" Frame Ladders
	1	Cobwebber
		Lint Free Cleaning Cloths
		Squeegees (Various Sizes)
	1.66	Extension Poles
	1.67	Hoses
2. Floor Types/Surface	2.1	Concrete
Textures	2.2	Terrazo
	2.3	Vinyl
	2.4	Slate
	2.5	Ceramic Tile
	2.6	Wood
	2.7	Marble
	2.8	Brick
	2.9 2.10	Parquetry Rubber
	2.10	Polished Wood
3. Waste (Wet or Dry)	3.1	Dust
3. Waste (Wet of Dry)	3.1	Paper
	3.3	Food
	3.4	Stones
	3.5	Gravel
4. Furnishings/Fixtures	4.1	Desks
	4.2	Tables
	4.3	Chairs
	4.4	Computers
	4.5	Filing Cabinets
	4.6	Clocks
	4.7	Stoves
	4.8	Lamps
	4.9	Railing
	4.10	
	4.11	Skirting
		Doors
		Door Handles
		Light Switches
		Telephone Handsets
		Air Conditioning Vents
		Lights
		Ceiling Fans
	4.19 4.20	
	4.20	
	4.21	Grilles

TR Caregiving NC II -40-

VARIABLE		RANGE
	4.22	Refrigerators
	4.23	Picture Frames
	4.24	Shelves
	4.25	Compactus
	4.26	Work Stations
	4.27	Showcases
	4.28	Bars
	4.29	Beds
	4.30	Bedside Cupboards
5. Ceiling Fittings	5.1	Recessed Lights
	5.2	Ornamental Hanging Lights
	5.3	Projected Lights
	5.4	Ceiling Fans
	5.5	Televisions
	5.6	Speakers
	5.7	Smoke Detectors
	5.8	Sprinkler Systems
	5.9	Vents and Grilles
	5.10 5.11	Skylights Cameras
	5.11	Chandelier
6. Ceiling	6.1	Flat
	6.2	Suspended
	6.3	Hard
7. Bathroom Supplies/	7.1	Liquid and Bar Soap
Accessories	7.2	Toilet Paper
	7.3	Bathroom Deodorizer
	7.4	Cloth/Paper Towels
	7.5	Personal Toiletries
	7.6	Bathroom Slippers
	7.7	Floor Towel
	7.8	Trash Can
8. Sanitizing Agents	8.1	Solvent Spray
	8.2	Anti-Static Solution
	8.3	Anti-Static Spray
9. Sanitizing Equipment,		Ladders
Supplies and	9.2	Vacuum Unit
Materials	9.3	Dust Mop
	9.4	Lint Free Clothing Cloths
	9.5	Mop Head and Bucket
	9.6	Dust Pan
40 Linear-	9.7	Broom
10.Linens	10.1	Napkins
	10.2	Tablecloths
	10.3	Serving Cloths
	10.4	Tea Towels
		Clothing Cleaning Cloths
11.Kitchen Appliances	11.1	Food Processor
11.Michen Appliances	11.1	Grill
	11.3	High Pressure Steamer
	11.4	Microwave Oven

TR Caregiving NC II -41-

VARIABLE	RANGE
	11.5 Oven (Electric/Gas)
	11.6 Range
	11.7 Refrigerator
	11.8 Tilting Skillet
	11.9 Toaster
	11.10 Electric Knife
	11.11 Juice Maker
	11.12 Rice Cooker
12.Kitchen Supplies and	12.1 All-Purpose Detergent
Materials	12.2 All-Purpose Soap
	12.3 Coffee, Tea, Cream
	12.4 Condiments
	12.5 Disinfectants
	12.6 Drain Solvent
	12.7 Food Items (dairy, vegetable, bread, meat and fruits)
	12.8 Garbage Bag
	12.9 Scouring Pad
	12.10 Cooking Oil
	12.11 Ingredients

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EVIDENCE GUIDE

Critical aspects of	Asse	ssment requires evidence that the candidate
competency	1.1	Cleaned surfaces and floors.
	1.2	Cleaned furnishings and fixtures.
	1.3	Made-up beds and cots.
	1.4	Cleaned toilets and bathrooms.
	1.5	Sanitized rooms.
	1.6	Maintained clean room environment.
	1.7	Cleaned kitchen.
2. Underpinning	2.1	Procedures in Cleaning, Polishing, Disinfecting and Sanitizing
knowledge and	2.1	Rooms (Living Room, Dining Room, Bedrooms, Toilets and
attitudes		Kitchen)
attitudes	2.2	Types and Characteristics of Floors
	2.3	Method of Removing Suitable Dirt/Stain
	2.4	Types/Uses/Functions of Cleaning Equipment, Supplies and
	2.4	Materials
	2.5	Glass Types, including defects
	2.6	Method of Identifying Stains, Mud, Dirt and Grease
	2.7	Stain Removal Techniques
	2.8	Effects of Pre-Existing Conditions on Safe Work Practices
	2.9	Procedures in Arranging Furniture
	2.10	Types and Characteristics of furniture and Furnishing
	2.11	Procedures in Bed Making
	2.12	•
	2.12	Procedures in Cleaning and Maintaining Room Furniture and
	2.10	Furnishings
	2.14	Knowledge on Different Areas Where Dirt and Dust Can
		Easily Accumulate
	2.15	Schedule of House Chores
	2.16	Types of Ancillary Rooms
	2.17	Types of Home Set-Up
	2.18	Types of Living Room Appliances and Ornament
3. Underpinning skills	3.1	Cleaning Rooms – Living Room, Bedroom, Bathroom and
		Kitchen
	3.2	Making-Up the Bed
	3.3	Arranging the Furniture
	3.4	Maintaining In-Door Plants
	3.5	Chemical Handling and Disposal Techniques
	3.6	Manual Handling Techniques
	3.7	Reporting and Recording Information
	3.8	Planning and Organizing Work
	3.9	Communication with Others
	3.10	Equipment Operation and Cleaning
		• • •
	3.11	Work Planning and Organization
	3.12	Waste Minimization
	3.13	Decanting Chemicals

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4. Resource	The following resources MUST be provided:		
implications	4.1 Copies of Relevant Standards, Training Books and		
'	Assessment Planning Guides		
	4.2 Accident Report Forms		
	4.3 Job Specifications and Reporting Forms		
	4.4 Access to a Suitable Venue		
	4.5 Manufacturer/Enterprise Product Specifications		
	4.6 A range of equipment, including personal protective		
	equipment and relevant cleaning or spot removing chemicals		
	4.7 Material safety data sheets and equipment operating manuals,		
	if relevant		
	4.8 Access to a registered provider of assessment services		
	4.9 Chemical Color Charts		
5. Method of	Competency may be assessed through:		
assessment	5.1 Written Test/Examination		
	5.2 Demonstration with questioning		
	5.3 Observation with questioning		
6. Context of	6.1 Competency may be assessed in the workplace or in a		
assessment	simulated work setting.		

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UNIT OF COMPETENCY: WASH AND IRON CLOTHES, LINEN AND FABRIC

UNIT CODE : HCS323310

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes required to

perform home management by providing clean, safe environment.

	ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
1.	Check and sort clothes, linens and	1.1	Soiled clothes, linen and fabrics are sorted according to texture, color, size and defects.
	fabrics	1.2	Sorted items are prioritized according to the cleaning process required ad the urgency of the item.
		1.3	Defective clothing, linen and fabric are sewn/darned using appropriate threads and stitches.
2.	Remove stains	2.1	Personal protective paraphernalia are worn in accordance with standard operating procedures (SOPs).
		2.2	Stain removing agents and chemicals are used in accordance with manufacturer's instruction.
		2.3	Stains are treated and removed using correct chemicals or agents.
		2.4	All stain removing agents and chemicals are stored following safety procedures.
3.	Prepare washing	3.1	Laundry area is cleaned and made ready at all times.
	equipment and supplies	3.2	Laundry supplies and materials are prepared and made available at all times.
		3.3	Washing machine is checked and prepared for operation per manual procedures.
4.	Perform laundry	4.1	Correct laundry method is selected as per SOPs.
		4.2	Clothes, linen and fabric are washed according to the <i>labeling codes</i> and washing instructions.
		4.3	Laundry equipment is used in accordance with manufacturer's instruction.
		4.4	Clothing, linen and fabric are freed from stain, dirt and unpleasant odor after washing based on procedures.
		4.5	Washed clothes, linen and fabric are sun-dried/machine dried as per instructions.
		4.6	Dried clothes, linen and fabric are freed from unpleasant odor and static cling.
		4.7	Washing area is cleaned in accordance with safety and health procedures.
		4.8	Equipment is cleaned after use in accordance with

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ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
		manufacturer's instructions.
	4.9	All cleaning materials and equipment are stored following safety procedures.
	4.10	Routine maintenance is carried out or arranged as per standard operating procedures.
5. Dry clothes, linen and fabric	5.1	Washed clothes, linen and fabric are dried according to procedures.
	5.2	Drying machine is prepared according to procedure.
	5.3	Dried clothes, linen and fabric are removed when dryer bell rings or stops to prevent wrinkles and to minimize need for ironing.
	5.4	Clothes, linen and fabric are dried without wrinkles according to procedures.
6. Iron clothes, linens	6.1	Ironing is done in accordance to the standard procedures
and fabrics	6.2	Ironed clothes, linens and fabrics are folded, placed in a hanger and stored in designated cabinets as per instructions.
	6.3	Ironing equipment and materials are stored in the appropriate area following safety procedures.

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RANGE OF VARIABLES

VARIABLE		RANGE
1. Sorted Items	1.1	Soiled/Defective Clothes
	1.2	Linen
	1.3	Fabrics
2. Personal Protective	2.1	Gloves
Paraphernalia	2.2	Apron
3. Stains	3.1	Coffee
	3.2	Cola
	3.3	Cordial
	3.4	Chewing Gum
	3.5	Food
	3.6	Mud/Dirt
	3.7	Grease
	3.8	Blood
	3.9	Fruit Stains
	3.10	Wine
4. Stain	4.1	Acid Cleaners
	4.2	Alkali Cleaners
	4.3	Chlorine Bleach
	4.4	All-Purpose Detergent
5. Laundry Area	5.1	Washers
	5.2	Dryers
	5.3	Clothesline
	5.4	Clothes Pins
	5.5	Clothespin Bag
	5.6	Clothes Rack for Indoor Drying
6. Laundry Supplies and	6.1	Sorting Baskets/Shelves
Materials	6.2	Hangers
	6.3	Stain Removing Agents
	6.4	Fabric Softener
	6.5	Chlorine Bleach
	6.6	Laundry Bag
	6.7	Laundry Basket

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EVIDENCE GUIDE

Critical aspects of	Λεερι	ssment requires evidence that the candidate:
	1.1	Checked and sorted soiled clothes, linen and fabric.
competency	1.1	Removed stains.
	1.3	
		Prepared washing equipment and supplies
	1.4	Performed laundry.
	1.5	Dried clothes, linen and fabric.
	1.6	Ironed clothes, linen and fabric.
2. Underpinning	2.1	Procedures in Sorting Laundry
knowledge and	2.2	Principles and Procedures in Darning Holes and Tears
attitudes	2.3	Hygiene, Health and Safety issues Specific to Laundry Operations
	2.4	Types/Uses and Handling of Laundry Chemicals
	2.5	Principles and Procedures in Removing Stains
	2.6	Types/Uses of Stain Removing Agents
	2.7	Language Label (Fabric and Garments Labels)
	2.8	Types and Characteristics of Clothes, Linen and Fabric
	2.9	Standard Procedures in Checking and Preparing Washing
	2.9	Machine
	2.10	Procedures in Preparing Laundry Supplies and Materials
	2.11	Preparing Mixtures or Bleaching Solutions
	2.12	Types and Uses of Washing Machines and Dryers
	2.13	Principles and Procedures in Washing, Drying and Ironing
		Clothes, Linen and Fabric
	2.14	Hygiene, Health and Safety Issues of Specific Relevance to
	2.45	Laundry Operations
	2.15	Maintenance of Laundry Area
	2.16	Procedures in Drying Clothes, Linen and Fabric
	2.17	Procedures in Ironing Clothes, Linen and Fabric
	2.18	Types/Uses of Ironing Equipment, Tools and Paraphernalia
	2.19	Procedures in Storing Clothes, Linen and Fabric
	2.20	Basics of Pressing
	2.21	Types and Uses of Irons, Ironing Boards and Ironing
		Accessories
	2.22	Types and Use of Hangers
	2.23	Folding Method and Techniques
	2.24	Pressing Procedures
3. Underpinning Skills	3.1	Checking and sorting soiled clothes, linen and fabric
		Removing Stains
	3.3	Preparing washing equipment and supplies
	3.4	Performing laundry
	3.5	Drying clothes, linen and fabric
	3.6	Ironing clothes, linen and fabric
4. Resource		ollowing resources MUST be provided:
Implications	4.1	Facilities, equipment, supplies and materials relevant to the
C. Nastle and a C.	1	unit of competency
5. Method of		petency maybe assessed through:
Assessment	5.1	Written Test
	5.2	Demonstration with questioning
	5.3	Observation with questioning
6. Context of	6.1	Competency may be assessed in the workplace or in a
Assessment		simulated work setting.

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UNIT OF COMPETENCY: PREPARE HOT AND COLD MEALS/FOOD

UNIT CODE : HCS323311

UNIT DESCRIPTOR : This unit covers the knowledge, skills and attitudes in cooking basic

hot food and cold meals. It includes preparation of ingredients, cooking meals and dishes according to recipes, present, prepare cooked dishes/sauces, preparation of appetizers, butter designs, desserts, salads, sandwiches, sauces, dressing garnishes and

preparing centers pieces.

ELEMENT		PERFORMANCE CRITERIA
		Italicized terms are elaborated in the Range of Variables
1. Prepare ingredients according to recipes	1.1	Ingredients are purchased in accordance with purchase list.
according to recipes	1.2	"Mise en place" is checked as per SOPs.
	1.3	Thawing is prepared according to thawing procedures.
	1.4	Meat are prepared according to procedures and prescribed recipe.
	1.5	Vegetables are prepared according to the manner of preparation.
	1.6	Seafood are prepared according to method of preparation.
2. Cook meals and	2.1	Soup is cooked as per <i>menu</i> .
dishes according to	2.2	Vegetable dishes are cooked according to recipe.
recipes	2.3	Meat dishes are cooked according to <i>culinary Method</i> .
	2.4	Poultry and game dishes are cooked according to <i>recipe</i> .
	2.5	Sea food dishes are cooked according to recipe
	2.6	Egg dishes are cooked according to client's preference
	2.7	Pasta grain and farinaceous dishes are cooked according to recipe
3. Present cooked	3.1	Serving portion is standardized.
dishes	3.2	Presentation of cooked dishes are developed and corrected in accordance with SOPs.
	3.3	Food quality is maintained and checked as per SOPs.
	3.4	Time and temperature condition of foods is ensured before serving based on freezing temperature.
Prepare sauces, dressings and	4.1	Materials, equipment/utensils are prepared prior to preparation of sauces, dressings and garnishes as per SOPs.
garnishes	4.2	Sauces, garnishes, hot and cold dressing are prepared as per SOPs.
5. Prepare Appetizers	5.1	D'oeuvres are prepared according to requirement and preference of client.
	5.2	Canape's are prepared according to requirement for preference of client.
	5.3	Finger foods are prepared according to requirement or preference of client.

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ELEMENT		PERFORMANCE CRITERIA Italicized terms are elaborated in the Range of Variables
Prepare desserts and salads	6.1	Materials, equipment/utensils used for cooking are prepared as per SOPs.
	6.2	Sherbets, ices and ice cream are prepared in accordance with prescribed procedures.
	6.3	Fruit desserts are prepared as per prescribed procedures.
	6.4	Pastry desserts are prepared as per prescribed procedures.
	6.5	Mousse is prepared as per prescribed procedures.
	6.6	Cold salads and molded salads are prepared as per prescribed procedures.
7. Prepare sandwiches	7.1	Hot sandwiches are prepared as per SOPs.
	7.2	Cold dressings are prepared as per SOPs.
	7.3	Hot sauces are prepared as per SOPs.
	7.4	Cold sauces are prepared as per SOPs.
8. Store excess foods	8.1	Unconsumed food are stored according to procedures.
and ingredients	8.2	Excess ingredients are stored according to client's requirement.
	8.3	Proper method of refrigeration and proper storing of dry food is implemented as per SOPs.
	8.4	Wet and dry food ingredients are properly stored as per SOPs.
Convert unconsumed cooked food	9.1	Unconsumed cooked food is converted/transformed into new dishes as per SOPs.
	9.2	Unconsumed cooked food is store/frozen at temperature of zero degrees and in accordance with SOPs.
	9.3	Packed/wrapped uncooked food are frozen at zero degrees F temperature and in accordance with SOPs.
	9.4	Packed/wrapped food for storage is prepared as per SOPs.
	9.5	Uncooked food is maintained at proper temperature and as per SOPs.

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RANGE OF VARIABLES

VARIABLE		RANGE
1. Ingredients	May i	nclude but not limited to the following:
	1.1	Meat
	1.2	Vegetable
	1.3	Seafood
	1.4	Poultry and Game
	1.5	Stock
	1.6	Cold Food
	1.7	Condiments
	1.8	Milk
	1.9	Dairies
	1.10	Cereals
	1.11	Flour
	1.12	Butter Sauces
	1.13	Fruits
2. Mis en Place	2.1	Ingredients
	2.2	Pans Utensils
2. Thousing	3.1	Plates/Serving Pieces
3. Thawing	3.1	Soaking Unfreezing
4. Vegetable Ingredient	4.1	Skin, Peel, Pare
Preparation	4.2	Chop, Slice, Shred, Cube
'	4.3	Wedge, Grate, Pure
	4.4	Core, Quarter
5. Vegetable Dishes	5.1	Boiling, Blanching
Preparation	5.2	Sauteing
	5.3	Braising
	5.4	Gratinating
	5.5	Roasting/Baking
6. Seafood Ingredient	6.1	Chop, Slice
Preparation	6.2	Fillet
	6.3	Mince, Shred
	6.4	Peel, Dice, Blanch
	6.5	Marinate, Poach
7. Seafood Dishes	7.1	Boiling, Steaming
Preparation	7.2	Sauteing
	7.3	Deep Frying, Pan Frying
	7.4	Poaching
	7.5 7.6	Grilling Baking
8. Soup Preparation	8.1	Sauteing
o. Odup i reparation	8.2	Simmering
9. Meat Ingredient	9.1	Slice, Chop
Preparation	9.2	Debone
	9.3	Dice, Mince
	9.4	Marinate
10.Meat Dishes	10.1	Boiling, Steaming, Simmering, Stewing
Preparation	10.2	Frying (deep, pan, stir)
	10.3	Sauteing
	10.4	Roasting, Baking, Browning

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VARIABLE		RANGE
	10.5	Pressurize Cooking
	10.6	Poaching, Blanching, Braising
	10.7	Broiling, Grilling
11.Poultry Ingredient	11.1	Deboned
Preparation	11.2	Chop, Slice
	11.3	Dice, Shred, Cube
	11.4	Mince, Skin
	11.5	Marinate
12.Poultry Dishes	12.1	Boiling, Simmering, Stewing
Preparation	12.2	Frying (deep, pan, stir)
	12.3	Sauteing
	12.4	Braising, Grilling, Roasting
	12.5	Barbecuing, Baking
13.Egg Dishes	13.1	Boiling
Preparation	13.2	Frying
	13.3	Poaching
	13.4	Basting
		Baking
14.Pasta Grain and	14.1	Boiling
Farinaceous Dishes	14.2	9
Preparation	14.3	Poaching
	14.4	Sauteing
	14.5	Gratinating
	14.6	Baking
15. Hors D'oeuvres	15.1	Peel, Pare, Slice, Shred, Cubes
Preparation	15.2	Blanch, Boiled, Steam
	15.3	Marinate, Seasoned
16. Sweet Sauces	16.1	Sugar Syrups
	16.2	Fruit Syrups
	16.3	Fruit Purees, Sauces and Coulis
	_	Chocolate-Based Sauces
		Custard and Cremes
	16.6	Flavoured Butters and Creams

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EVIDENCE GUIDE

		r -		
1.	Critical aspects of		ssment requires evidence that the candidate	
	competency	1.1	Prepared ingredients according to recipes.	
		1.2	Cooked meals and dishes according to recipes.	
		1.3	Presented cooked dishes.	
		1.4	Prepared appetizers.	
		1.5	Prepared sauces, dressings and garnishes.	
		1.6	Prepared desserts and salads.	
		1.7	Prepared sandwiches.	
		1.8	Stored excess foods and ingredients.	
		1.9	Converted unconsumed cooked and uncooked food.	
2.	Underpinning	2.1	Food Theory	
	knowledge and	2.2	Materials Specifications and Uses	
	attitudes	2.3	Tools and Equipment: Uses and Specifications	
		2.4	Codes and Regulations	
			2.4.1 Pertinent food and drink sanitation laws, rules and	
			regulations	
		2.5	Maintenance Operation	
		2.6	Balance Diet	
		2.7		
		2.8	Serving	
		2.9	Safe Work Practices and First Aid Regulations	
			Personal Hygiene	
			Providing Safe Food	
			Food and Safety Hazard	
			Safe Food Handling	
			Food Costing and Portioning	
			Food Storage	
		2.16	<u> </u>	
		2.17	Handling of Kitchen Equipment	
3	Underpinning skills	3.1	Cooking Method	
0.	Chaorphining oidilo	3.2	Handling of Kitchen Equipment	
		3.3	Proper Storing	
		3.4	Food Costing and Portioning	
4	Resource		ollowing resources MUST be provided:	
	implications	4.1	Facilities, equipment, supplies and materials relevant to the	
	mphoations	7.1	unit of competency	
5	Method of	Comr	petency may be assessed through:	
J.	assessment	5.1	Written Test	
	ผงงองงากอกใ	5.2	Demonstration with questioning	
		5.2		
6	Context of		Observation with questioning Competency may be assessed in the workplace or in a	
٥.		6.1	Competency may be assessed in the workplace or in a	
	assessment		simulated work setting.	

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SECTION 3 TRAINING STANDARDS

This set of standards provides Technical and Vocational Education and Training (TVET) providers with information and other important requirements to consider when designing training programs for **CAREGIVING NC II**.

This includes information on curriculum design, training delivery, trainee entry requirements, tools and equipment, training facilities and trainers qualification and institutional assessment.

3.1 CURRICULUM DESIGN

Course Title: CAREGIVING NC Level: N

Nominal Training Duration: 786 HRS.

Course Description:

This course is designed to enhance the knowledge, skills and attitudes of Caregivers in accordance with industry standards. It covers basic, common and core competencies in NC II.

BASIC COMPETENCIES (18 Hours)

UNIT OF COMPETENCY	LEARNING OUTCOMES	METHODOLOGY	ASSESSMENT APPROACH
Participate in workplace communication	 1.1 Obtain and convey workplace information 1.2 Complete relevant work related documents 1.3 Participate in workplace meeting and discussion 	 Group discussion Interaction	Demonstration observationInterviews/Questioning
Work in a team environment	 2.1 Describe and identify team role and responsibility in a team 2.2 Describe work as a team member 	Discussion Interaction	DemonstrationObservationInterviews/Questioning
Practice career professionalism	 3.1 Integrate personal objectives with organizational goals 3.2 Set and meet work priorities 3.3 Maintain professional growth and development 	Group discussion Interaction	Demonstration observationInterviews/Questioning
Practice occupational health and safety	 4.1 Evaluate hazard and risks 4.2 Control hazards and risks 4.3 Maintain occupational health and safety awareness 	DiscussionPlant TourSymposium	ObservationInterviews

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COMMON COMPETENCIES

(18 Hours)

C	UNIT OF COMPETENCY		LEARNING OUTCOMES	METHODOLOGY	ASSESSMENT APPROACH
1.	Implement and monitor infection control policies and procedures	1.2	Provide information to the work group about the organization's infection control policies and procedures. Integrate the organization's infection control policy and procedure into work practices. Monitor infection control performance and implement improvements in practices	LecturetteBrainstorming	 Observation and oral questioning Grid question Practical exercise
2.	Respond effectively to difficult/challen ging behavior	2.1	Plan and respond to emergencies. Report and review incidents.	Lecturette Brainstorming	Observation and oral questioningGrid questionPractical exercise
3.	Apply basic first aid	3.1 3.2 3.3	Assess the situation. Apply basic first aid techniques. Communicate details of the incident.	Lecturette Brainstorming	Observation and oral questioningGrid questionPractical exercise
4.	Maintain high standard of patient services	4.1 4.2 4.3 4.4	Communicate appropriately with patients. Establish and maintain good interpersonal relationship with patients. Act in a respectful manner at all times. Evaluate own work to maintain a high standard of patient service.	Lecturette Brainstorming	 Observation and oral questioning Grid question Practical exercise

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CORE COMPETENCIES (750 Hours)

C	OMPETENCY		LEARNING OUTCOMES	METHODOLOGY	ASSESSMENT APPROACH
1.	Provide care and support to infants /toddlers	1.1 1.2 1.3 1.4	Explain the concepts and principles of caring, growth and development of infants/toddlers Prepare infants / toddlers for taking vital signs, bathing and dressing Clean, sterilize feeding bottles and prepare milk formula Prepare and introduce adequate nutrition and semisolid food. Prepare infant / toddlers	DiscussionDemonstration	Questioning demonstration observation
2.	Provide care	2.1	crib. Explain the importance of	• Discussion	Demonstration
	and support to children	2.2	instilling personal hygiene practices to children Maintain children's paraphernalia	DemonstrationBrainstorming	observation • Questioning
		2.3	Prepare children for taking vital sign, bathing and dressing		
		2.4	Perform after care activities for materials and paraphernalia		
		2.5	Determine nutritional food requirements of children		
	Foster social, intellectual, creative and emotional development of children	3.1	Explain the concepts and principles of social, intellectual, creative and emotional development of children (3-12 yrs. Old)	DiscussionRole playBrainstorming	 Questioning Demonstration Observation
4.	Foster physical development of	4.1	Explain the concepts and principles of physical	DiscussionRole play	 Questioning Observation
	children	4.2	development of children Explain the importance of healthy sleeping patterns and practices	BrainstormingDemonstration	Demonstration
5.	Provide care and support to elderly	5.1 5.2	Perform physical activities Explain the concepts and principles of basic nursing care of the elderly Identify appropriate physical, emotional, spiritual and intellectual needs.	Discussion Brainstorming	Observation Questioning

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COMPETENCY		LEARNING OUTCOMES	METHODOLOGY	ASSESSMENT APPROACH
	5.3	Provide assistance in promoting the appropriate needs for roles, responsibilities, rights, freedom and activities of elderly. Provide adequate nutrition and elimination		
6. Provide care and support to	6.1	Identify and explain the needs of people with special needs	Discussion Demonstration	Questioning Written exam
people with special needs	6.2	Identify personal care and assistance needed for daily living		Demonstration
	6.3	Establish and maintain appropriate relationship		
	6.4	Provide appropriate support for people with special needs		
	6.5	Assist in oral and written communication		
	6.6	Provide adequate nutrition and elimination for people with special needs		
7. Maintain a healthy and safe environment	7.1	Explain the concepts and principles in maintaining a clean and therapeutic environment	DiscussionDemonstration	Demonstration questioning
	7.2	Explain the procedure in maintaining a clean and therapeutic environment		
	7.3	Assist client in implementing a safe and therapeutic environment		
8. Respond to emergency	8.1	Discuss signs and symptoms of various	DiscussionDemonstration	Demonstration questioning
	8.2	illnesses and diseases Identify and explain appropriate first aid and	SimulationVideo viewing	
	8.3	basic emergency procedure Explain the procedures in implementing infection control prevention		
	8.4	Identify the appropriate procedures in medicine administration		
	8.5 8.6	Identify dangerous, hazardous and threat to safety and well being Perform first aid procedures		

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COMPETENCY	LEARNING OUTCOMES	METHODOLOGY	ASSESSMENT APPROACH
9. Clean living	9.1 Explain the principles and	Discussion	Demonstration
room, dining	proper procedures in	Demonstration	questioning
room,	cleaning and polishing	Video viewing	quostioning
bedroom, toilet	(living room, bedroom,	Video viewing	
and bathroom	bathroom, and kitchen)		
	9.2 Clean and sanitize toilet and		
	bathroom		
	9.3 Identify different kinds of		
	cleaning agent		
	9.4 Make up beds and cots.		
	(open and closed bed)		
	9.5 Maintain a clean		
	environment		
	9.6 Perform after care activities		
	of materials and equipment		
10. Wash and iron	10.1 Explain the principles and	Discussion	Demonstration
clothes, linens	procedures in washing and	Demonstration	questioning
and fabrics	ironing clothes	Demonstration	questioning
and lability			
	10.2 Explain the procedures in		
	operating tools and		
	equipment		
	10.3 Perform laundry		
	10.4 Iron clothes, linens and		
	fabrics		
	10.5 Perform after care activities		
11 Dranara hat	of materials and equipment	D:	D
11. Prepare hot and cold	11.1 Explain the procedures in	Discussion	Demonstration
	preparing hot and cold meals	Demonstration	questioning
meals			
	11.2 Prepare hot and cold meals		
	11.3 Prepare appetizers, sauces,		
	dressings and garnishes		
	11.4 Cook meals and dishes		
	according to recipe/ dietary		
	requirements		
	11.5 Set table and serve cooked		
	dishes		
	11.6 Perform after care activities		
	of materials and equipment		
	11.7 Demonstrate personal good		
	grooming and hygiene		
	11.8 Demonstrate clear and		
	effective communication on		
	the job.		
	11.9 Maintain professionalism at		
	the workplace		

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3.2 TRAINING DELIVERY

The delivery of training should adhere to the design of the curriculum. Delivery should be guided by the 10 basic principles of competency-based TVET.

- The training is based on curriculum developed from the competency standards;
- Learning is modular in its structure;
- Training delivery is individualized and self-paced;
- Training is based on work that must be performed;
- Training materials are directly related to the competency standards and the curriculum modules:
- Assessment is based in the collection of evidence of the performance of work to the industry required standard;
- Training is based both on and off-the-job components;
- Allows for recognition of prior learning (RPL) or current competencies;
- · Training allows for multiple entry and exit; and
- Approved training programs are Nationally Accredited

The competency-based TVET system recognizes various types of delivery modes, both on and off-the-job as long as the learning is driven by the competency standards specified by the industry. The following training modalities may be adopted when designing training programs:

- The dualized mode of training delivery is preferred and recommended. Thus programs would contain both in-school and in-industry training or fieldwork components. Details can be referred to the Dual Training System (DTS) Implementing Rules and Regulations.
- Modular/self-paced learning is a competency-based training modality wherein the trainee is allowed to progress at his own pace. The trainer just facilitates the training delivery.
- Peer teaching/mentoring is a training modality wherein fast learners are given the opportunity to assist the slow learners.
- Supervised industry training or on-the-job training is an approach in training designed to
 enhance the knowledge and skills of the trainee through actual experience in the
 workplace to acquire specific competencies prescribed in the training regulations.
- Distance learning is a formal education process in which majority of the instruction occurs
 when the students and instructor are not in the same place. Distance learning may
 employ correspondence study, audio, video or computer technologies.
- Project-Based Instruction is an authentic instructional model or strategy in which students plan, implement and evaluate projects that have real world applicants.

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3.3 TRAINEE ENTRY REQUIREMENTS

Trainees or students should possess the following requirements:

- can communicate both in oral and written;
- physically and mentally fit;
- with good moral character; and
- can perform basic mathematical computation.

This list does not include specific institutional requirements such as educational attainment, appropriate work experience, and others that may be required of the trainees by the school or training center delivering the TVET program.

3.4 LIST OF TOOLS, EQUIPMENT AND MATERIALS

CAREGIVING NC II

Recommended list of tools, equipment and materials for the training of 25 trainees for Caregiving NC II are as follows:

	TOOLS		EQUIPMENT	MATERIALS		
Qty	Description	Qty	Description	Qty	Description	
2 pcs.	Airpot (Hot Water)	1 pc.	Bed Ordinary	2 btls.	Alcohol	
1 pc.	Skillet	1 pc.	Bed surgical	2 packs	All purpose detergent soap	
5 sets	Garbage bin (biodegradable and non-biodegradable	2 units	Blender / juicer	2 pcs.	Baby oil	
2 pcs.	Urinal	2 pcs.	Bp apparatus, aneroid	10 pcs.	Soap	
12 pcs.	Basin (small)	2 pcs.	Bp apparatus, mercurial	5 pcs.	Feeding bottles w/ cover and nipples	
1 pc.	Baby bath tub	1 unit	Coffee maker	4 pcs.	Bib and baby layettes	
12 pcs.	Flat sheet	1 pc.	Crib	1 gal.	Bleaching solution	
12 pcs.	Gloves -household	1 unit	Dish washer w/ drier	1 pack/ each	Coffee, Cream and sugar	
1 box	Gloves - surgical	1 unit	Food processor	1 packs	Cotton buds	
12 pcs.	Face towel/ towelette	2 pcs.	Flat iron with ironing board	1 set	Condiments	
12 pcs.	Bath towel/ towelette	1 unit	Microwave oven - digital	1 gal.	Fabrics softener	
4 pcs.	Blanket	1 units	Oven (electric, gas)		Food items use for preparing meals	
4 pcs.	Comforter	25 pcs.	Chairs with arm	1 pack	Diaper (child and adult)	
2 pcs.	Bedpan	1 unit	Dining set	1 gal.	Liquid soap (cleaning bottles)	
2 pcs.	Bottle brush (cleaning feeding bottles)	2 pcs.	White board	1 kilo	Infant formula	
2 pcs.	Burping cloth	1 unit	OHP/LCD*	6 packs	Table napkins	
5 pcs.	Baby clothes	1 unit	Computer w/ printer	2 pcS.	Table cloth	

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	TOOLS		EQUIPMENT		MATERIALS
Qty	Description	Qty	Description	Qty	Description
5 pcs.	Baby blanket	1 unit	Refrigerator	1 pack	Garbage bags
1 pc.	Carpet 4 ft. x 8 ft.	1 pc.	Sphygmoma- nometer	2 sets/ each	Bathing paraphernalia (adult and child)
1 pc.	Clothes brush	1 pc.	Bottle Sterilizer, electric		NING MATERIALS/ REFERENCES
1 pc.	Clothes humper	1 pc.	Stethoscope		Mother and Care Baby
1 pc.	Clothes rack	1 unit	Stove		Infant Care Feeding
2 each	Clothes, linen and fabrics for laundry	1 unit	Operational telephone unit		3. Story books e.g. Cinderela, snow white, etc.
1 set	China ware	10 sets	Thermometer (Oral, rectal, Axilla, Tympanic)		Geriatrics A Study of Maturity
1 set	Cooking utensils	1 unit	Bread toaster		5. Complete Early Childhood
5 pcs.	Cutting board	1 unit	Washing machine – Heavy Duty		6. Baby Play
1 set	Cutlery	1 unit	Drier		7. Fundamentals of Nursing
1 pc.	Electric knife	1 pc.	Weighing scale		8. Cookbook
1 pc.	Electric opener	1 pc.	Wheel chair		9. Toddler Play
10 pcs.	Gown (hospital)	1 unit	Vacuum cleaner – Heavy Duty		10. Care of the Adult
1 pc.	Hot water bag	1 pc.	Commode		11. First Aid Book
1 pc.	Ice cap	1 pc.	Cane or walker		12. Cleaning of
1 pc.	Kettle	1 pc.	High chair/ booster seat/ portable seat		Different Areas of the house
1 set	Pots and pan	1 unit	Dressing trolley w/	1 set/ each	TOYS
10 pcs.	Pot holder		cotton ballsmedicine glassthermometerwound dressing set		13. Crayons 14. Play Dough 15. Shape sorter 16. Coloring Book
2 pcs.	Apron	1 set	First aid kit		17. Musical Mobile
1 set	Crutches (adjustable)	1 each	Dummy (baby and adult) ** - use for bathing		18. Push & pull toys
1 set	Grooming kit (hairbrush. comb, nail cutter, nail brush)	1 each	Dummy for CPR (infant, child and adult) **		19. Toys (assorted), games and accessories
5 pcs.	Hand towel	OFI	FICE EQUIPMENT/ FURNITURE		TAPES/DISC
1 set	Feeding utensils (Child and adult)	1 unit	Fax machine		20. CPR (Infant, Child and Adult)
1 set	Measuring cup	1 unit	Television		21. Artificial Resp. (Infant, Child and

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	TOOLS		EQUIPMENT	MATERIALS	
Qty	Description	Qty	Description	Qty	Description
					Adult)
1 unit	Medical tray	1 unit	VHS/CD/DVD Player		22. Fracture
1 set	Mixing bowl	1 set	Sofa set		23. Sprained Ankle
4 pcs.	Pail				24. Burns
5 pcs.	Peeler				25. Child safety: films about playing and safe
1 pc.	Pick up forcep				26. Multiple Casualty Management
12 pcs.	Pillow case				_
8 pcs.	Pillow				
1 unit	Portable mixer				
1 unit	Potato masher				
2 pcs.	Record book				
6 pcs.	Rubber sheets				
1 set	Silver ware				
10 pcs.	Soap dish				
1 pc.	Tong (plastic/ rubber)				

^{*} Optional

3.5 TRAINING FACILITIES

Caregiving NC II

The Caregiving Learning Facility must be of concrete structure. Based on a class intake of 25 students/trainees, the space requirements for the teaching / learning and curriculum areas are as follows.

Space Requirement	Size in Meters	Area in Sq. Meters	Total Area in Sq. Meters
Administration Office			
Demonstration Room			
- Child care		30 sq. m.	30 sq. m.
- Home Management		60 sq. m.	60 sq. m.
- Elderly Care		30 sq. m.	30 sq. m.
- Care for people with special needs		30 sq. m.	30 sq. m.
Academic room		30 sq. m.	30 sq. m.
Study room/Learning Resource			
Center			
Clinic			
Separate restrooms for female and			
male			
Library holdings must not be less than			
five (5) titles related and for each title			
at least 3 copies each			
	Total	l workshop area:	180 sq. m.

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^{**} Multipurpose or conventional

3.6 TRAINER'S QUALIFICATIONS

CAREGIVING_NC II

TRAINER QUALIFICATION I (TQ II)

- Must be a holder of NC III
- Must have undergone training on Training Methodology II (TM II)
- Must be physically and mentally fit
- *Must have at least 2-3 years job/industry experience on supervisory/managerial level
- * Optional. Only when required by the hiring institution.

Reference: TESDA Board Resolution No. 2004-03

3.7 INSTITUTIONAL ASSSESSMENT

Institutional assessment is undertaken by trainees to determine their achievement of units of competency. A certificate of achievement may be issued for each unit of competency.

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SECTION 4 NATIONAL ASSESSMENT AND CERTIFICATION ARRANGEMENTS

- 4.1 To attain the National Qualification of Caregiving NC II, the candidate must demonstrate competence through project-type assessment covering all units listed in Section 1. Successful candidates shall be awarded a National Certificate signed by the TESDA Director General.
- 4.2 The qualification of Caregiving NC II may be attained through -
 - 4.2.1 Accumulation of Certificates of Competency (COCs) in the following areas
 - 4.2.1.1 Providing care and support for infants, toddlers and children
 - Provide care and support to infants/toddlers
 - Provide care and support to children
 - Foster, social, intellectual, creative and emotional development of children
 - Foster the physical development of children
 - Maintain healthy and safe environment
 - Respond to emergency
 - Clean living room, dining room, bedrooms, toilet and bathroom
 - Wash and iron clothes, linen and fabric
 - Prepare hot and cold meals
 - 4.2.1.2 Providing care and support for the elderly and people with special needs
 - Provide care and support to elderly
 - Provide care and support to people with special needs
 - · Maintain healthy and safe environment
 - Respond to emergency
 - Clean living room, dining room, bedrooms, toilet and bathroom
 - Wash and iron clothes, linen and fabric
 - · Prepare hot and cold meals
 - 4.2.2 Demonstration of competence through project-type assessment covering all required units of qualification.
- 4.3 Assessment shall focus on the units of competency. The basic and common units shall be integrated or assessed concurrently with the core units.
- 4.4 The following are qualified to apply for assessment and certification:
 - 4.4.1 Graduates of formal, non-formal and informal including enterprise-based training programs.
 - 4.4.2 Experienced workers (wage employed or self-employed).
- 4.5 Reassessment is allowed only after one month from the date of assessment. Reassessment for a National Certificate shall be done only on the task/s that the candidate did not successfully achieve.
- 4.6 A candidate who fails the assessment for two (2) consecutive times will be required to go through a refresher course before taking another assessment.

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- 4.7 Only certified individuals in this Qualification may be nominated by the industry sector for accreditation as competency assessor.
- 4.8 Only accredited competency assessors are allowed to conduct competency assessment, however trainers who are accredited competency assessors are not allowed to assess their trainees.
- 4.9 Assessment of competence must be undertaken only in the TESDA accredited assessment center. The performance assessment (demonstration of competence), however, may be done in any venue or workplace duly designated by an accredited assessment center.
- 4.10 The guidelines on assessment and certification are discussed in detail in the Procedures Manual on Assessment and Certification.

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COMPETENCY MAP CAREGIVING NC II

	BASIC	Participate in workplace communication	Work in team environment		
		Practice career professionalism	Practice occupational health and safety procedures		
	SES				
	COMPETENCIES	Implement and monitor infection control policies and procedures	Respond effectively to difficult/ challenging behavior	Apply basic first aid	Maintain high standard of patient services
				Foster social,	
	ES	Provide care and support to infants/toddlers	Provide care and support to children	intellectual, creative and emotional development of children	Foster the physical development of children
	CORE	Provide care and support to elderly	Provide care and support to people with special needs	Maintain healthy and safe environment	Respond to emergency
	ŏ	Clean living room,	W-sh and inco		
		dining room, bedrooms, toilet and bathroom	Wash and iron clothes, linen and fabric	Prepare hot and cold meals	

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